

SCRIPTURE REFLECTION FOR SUNDAY

The Lord is at hand; do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. The peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. (Phil 4: 4-7). A simple but effective prayer: ACTS: Adoration, praise and worshipping the Lord; Contrition – acknowledging our sins and being sorry for them – go to confession (?); Thanksgiving – gratitude for all the graces received from God; Supplication – praying to God for our own needs and for those close to us and far from us. "Ask and you shall receive, knock and the door will be open to you" St. Francis of Assisi; Padre Pio tells us "Pray, Hope and do not Worry." Use these in preparation for Christmas. HOLY FATHER'S PRAYER INTENTIONS FOR DECEMBER – We pray that this Jubilee strengthen us in our faith, helping us to recognize the Risen Christ in the midst of our lives, transforming us into pilgrims of Christian hope.

JUBILEE YEAR Jubilee of Hope: Holy Door opens on 24 December Only a few days remain until the opening of the Holy Door in St. Peter's Basilica at the Vatican, marking the beginning of the Holy Year 2025. The Jubilee offers a special moment for plenary indulgence, conversion, and grace to rekindle hope in the daily journey of life and the proclamation of the Gospel. Follow the opening of the Holy Door on December 24 at 7:00 PM (Rome time) and all events of the Holy Year 2025 with Vatican News and Vatican Radio via our YouTube channel or Facebook Live. "Hope does not disappoint." Source: vaticannews.va

THE SACRED HEART PARISH, TEDDINGTON AND HAMPTON WICK

WELCOME TO OUR VISITORS AND NEW PARISHIONERS. Make yourselves known: as a parish, we wish to make you feel welcome! **BUILDING WORKS UPDATE** The access into the hall is through a temporary wheelchair-accessible side entrance to the right of the

church. "People safety is our priority." Keep updated through photos on display in the hall and on the view / donate parish website.

FOR PLEDGE PAYMENTS please include: payment reference: BF + Surname & Initials. Please make contributions by cash, cheque or

FOR PLEDGE PAYMENTS please include: payment reference: **BF + Surname & Initials.** Please make contributions by cash, cheque or bank transfer to avoid deductions taken through QR code. **Soon we will be able to update you** verbally and let you see the updated six monthly accounts for a more complete picture. Pledge forms and gift aid forms are available in the hall. **Thank you.**

REMEMBER THE SACRED HEART CHURCH TEDDINGTON BUILDING FUND AS A LEGACY IN YOUR WILL Remember Building Fund and on-going parish maintenance as a legacy in your will. If you or those you know wish to make a pledge, please tell me. **MASS INTENTIONS** If you would like a Mass intention celebrated please fill in the envelope in the hall. Thanks for your donation.

PARISH MATTERS AND NEWS FROM THE SONS OF DIVINE PROVIDENCE

Sacred Heart School offers an **EXTENDED NURSERY PROVISION** to those eligible for 15/30 HOURS FREE CHILDCARE and to those who are SELF-FUNDED. You can see a video tour of our nursery at: https://www.youtube.com/@sacredheartschteddington Visit us.

PRE-CHRISTMAS GREETINGS Enjoy the days before Christmas holidays. Be kind and generous to yourself and to others. Love wins! **BAPTISM PREPARATION** Next Baptism Preparation Thursday 16th Jan 7-8.30pm in the Church Hall. Book through parish office.

CONFIRMATION 2025 at St. Francis de Sales, Hampton Hill - sign up now Contact parish office teddington@rcdow.org.uk Course dates to follow. Please see below the link for Registration 1st December to 31st December. Enrol through Sacred Heart parish office and follow this link. Our candidates need to meet with Fr. Stephen before admittance to the course https://shorturl.at/zXesK ADVENT LECTIO DIVINA – using readings for the coming Sunday. Tuesday's during tea/coffee after Mass. Finish by 11.00 a.m.

PARISH FINANCES – Thank you for supporting The Sacred Heart. November S.O. £ 2,234.00; Contactless £185.00 On-line £. Last Sunday's plate collection £129.72; Gift aid raises an extra 25% for parish finances.

GIFT AID - Our claim this year came to a fantastic £12,277.25, of which £5,860.75 goes to the Building Fund. If you wish to gift aid a Mass offering, a one-off donation, or make a sizeable donation for a specific purpose, please complete a blue giving-envelope from the hall. Contact Traci with any questions. Tell us if your details change. Thanks to everyone who gives so generously to support our parish.

DONA MACHINE NOW WORKING – REGISTER ONCE ON THE MACHINE FOR REGULAR / WEEKLY PAYMENTS. GIFT AID POSSIBLE.

SUPPORT FOR THE SONS OF DIVINE PROVIDENCE COMMUNITIES: Helping SDP UKRAINE projects. Send payments to: EGIDIO MONTANARI, IBAN NO. IT59 C030 6901 6021 0000 0061 578; SWIFT CODE: BCITITMMXXX; BANK: SANPAOLO, Filiale 00352, Via Antonio da Messina, 24 – 20146 MILANO (MI) **PLEASE PRAY FOR WORLD PEACE.**

DON ORIONE CHARISM –St. Luigi Orione: on-line zoom Advent retreat at 2pm – 3.30pm Saturday 21 December Join Zoom Meeting https://us06web.zoom.us/j/82582699430?pwd=wLwuaumLEhXcDC2Bn6a1YpVRTvpi3Z.1 Meeting ID: 825 8269 9430

Passcode: 247657 Come to parish if you wish to join and have no internet.

THE BRIDGE MAGAZINE - WINTER ISSUE Coming soon in hard copy and on-line.

SCAM ALERT: Beware of emails related to asking you to pay for Christmas vouchers for parish priests. **Hackers steal your money**.

BEYOND OUR PARISH

DILEXIT NOS (He Loved Us) New encyclical by Pope Francis out now: see You Tube video summary or text in full: https://www.vatican.va/content/francesco/en/encyclicals/documents/20241024-enciclica-dilexit-nos.html St. Paul's Bookshop £6.95 **DIOCESE OF WESTMINSTER •** Legacy gifts: **legacies@rcdow.org.uk**, or call us on **020 7798 9025**. Thank you

A CHRISTMAS CELEBRATION IN WESTMINSTER CATHEDRAL Tickets are now on sale for the annual Christmas concerts celebrating the mystery of Christ's Incarnation in carols and readings performed by the world-famous Westminster Cathedral Choir, orchestra, and celebrity readers, on 18 and 19 December at 7.30pm. We encourage everybody to purchase tickets quickly before these popular events are sold out. Tickets can be purchased from the Cathedral Gift Shop or directly from Ticketmaster; go to www.ticketmaster.co.uk and type in Westminster Cathedral when prompted.

A HAMPTON WICK CHRISTMAS Join us for Free Festive Family Fun - Wednesday 18th December Children's Christmas Story-time & Torch-lit Procession 5:15 – 6pm at Library/Bullen Hall. Free mulled wine and mince pies. Procession leaves Library at 6pm. Family Carol Singing: Richmond Brass Band 6:10pm outside The Foresters. Santa Claus with gifts for all the children. FREE family event: ALL welcome! CHURCHES TOGETHER IN TEDDINGTON – PRAYER ROTA 15th Dec St John's Church Rev Jerry Field; 22nd Dec All Churches in Teddington and Hampton Wick The clergy & all leaders of worship Christmas 2024; 29th December SDP Rev Stephen, Henryk and Martin.

CTT - CHRISTMAS CARD DISTRIBUTION for Teddington and Hampton Wick. Cards at back of the hall. Please take and deliver. ELLERAY HALL CHRISTMAS DAY LUNCH 2024 To nominate guests contact John Lunt (07503 584532). Info of gifts needed to fill bags for Christmas presents: contact Joan Downer tel: 02089776703; email: joandowner@gmail.co.uk A box/list is available in the hall. Thank you. FRIENDS OF THE HOLY LAND Friends of the Holy Land is an apolitical and ecumenical charity, helping to support Christians in the Holy Land and to develop a resilient and enduring Christian community there. https://www.friendsoftheholyland.org.uk/

CAFOD-DEC MIDDLE EAST HUMANITARIAN APPEAL The conflict in the Middle East is getting worse and the families affected need our help. Please donate today to the CAFOD-DEC Middle East Humanitarian Appeal and support our local Caritas partners in Lebanon and Gaza as they continue to provide essential food, water and shelter: cafod.org.uk/give

SAFE IN FAITH - CSAN & the National Board of Catholic Women International Day for the Elimination of Violence Against Women Girls see 16 days prayer: https://www.cbcew.org.uk/stand-up-against-domestic-abuse/ https://dojustice.co.uk/resources/downloads/ CAN YOUR PARISH HELP REFUGEES FIND SOMEWHERE SAFE AND WARM TO STAY THIS WINTER? www.jrsuk.net/advent-appeal-2024 CHRISTMAS CARD BROCHURE 2024 Cardinal Nichols "Inspired by the Gospel, Catholic Children's Society brings God's message of hope and love to disadvantaged children and families." Support CCS: for order enquiries, tel: 01948 831 046 www.cathchild.org.uk CARITAS WESTMINSTER - LOVE IN ACTION Advent Giving Calendar - making food parcels for needy people: https://caritaswestminster.org.uk/wp-content/uploads/2024/10/Caritas-Advent-Giving-Calendar-2024-final.pdf

SOURCES OF HELP

- Foodbank at St Michael's Fulwell, Wilcox Road, TW11 0SP (07516 935 655 or www.richmondfoodbank.org.uk)
- Crosslight debt and money management advice, St Stephen's TW1 (www.crosslightadvice.org/twickenham-east)
- Energy bills: see National Energy Action's advice service at https://www.nea.org.uk/get-help/ or call their helpline 0800 304 7159
- National Domestic Abuse helpline: 0808 2000 247. Affected by domestic abuse? Faith-based counselling: nikkidhillonk@rcdow.org.uk
- Society For The Protection Of The Unborn Child (SPUC) Threats against LIFE in E&W see https://www.spuc.org.uk/
- Mariposa Trust "Saying Goodbye" to a child who died in birth, pregnancy or infant. Support and counselling www.sayinggoodbye.org"
- PACT Prisoners Advise and Care Trust www.prisonadvice.org.uk/events Pray 4 prisoners & their families
- Local Charity Embracing Age are looking for volunteers to befriend care home residents across the Borough of Richmond. Involves having a chat, reading aloud, connecting with residents in other languages. Email shabnum@embracingage.org.uk or call 07422 502957.
- SPEAR (Kingston & Richmond) 30 years supporting from homelessness to independence. Report a rough sleeper www.spearlondon.org
- Shooting Star Children's Hospice (Hampton.) Donations welcome. Contact: Polly Wiseman Polly. Wiseman@shootingstar.org.uk
- Help The Homeless: The Passage St. Vincent's Centre, Carlisle Place SW1P 1NL www.passage.org.uk/donate or tel: 02075921850
- Aid To The Church In Need (ACN): Help young Christians displaced and persecuted Christians worldwide. See: acnuk.
- Mary's Meals www.marysmeals.org.uk Poster in hall. OTHER CHARITY APPEALS Many to choose from. Please see posters in hall.

NEXT WEEKEND'S READINGS 15th December (4th Sunday of Advent, Year C)

Mic 5:1-4a; Heb 10: 5-10 Luke 1:39-45

PARISH INFORMATION Fr Stephen Beale FDP, Parochial Administrator

Parish administrator: Phillippa Chaney, in the office Mon and Fri, 10am-2pm Parish website (including newsletter: https://sacredheartteddington.org/
Email: teddington@rcdow.org.uk, Telephone: 020 8977 2986

 $Bookkeeper: Traci: \underline{teddingtonbk@rcdow.org.uk} \ \ In \ office: Weds \ 10.30am-2.30pm$

Safeguarding: Estella Weston (teddingtonsg@safeguardrcdow.org.uk)

Mass times: Sunday: 9.30am and 11.15am; Mon-Wed, Fri: 9.30am at Sacred Heart or at Sons of Divine Providence Monday to Friday rosary 6pm, Mass 6.30pm; Divine Mercy devotions First Sunday 2.30pm-3.30pm (St. Edward's Hall, 13 Lower Teddington Rd, Hampton Wick, KT1 4EU)

Next week's Mass Intentions

Saturday	14 th December	St John of the Cross, Priest Doctor of the Church	9.30-11am 6pm	Holy Hour and confession John McEntee RIP
Sunday	15 th December	3 rd Sunday of Advent	9.30am 11.15am	Parishioners Nora Kellegher
Monday	16 th December	Weekday of Advent	9.30am	Special intention
Tuesday	17 th December	Weekday of Advent	9.30am	Edward Cross RIP
Wednesday	18 th December	Weekday of Advent	9.30am	Bob Haig RIP
Thursday	19 th December	Weekday of Advent	No Mass	Pray the rosary sick & needy worldwide
Friday	20 th December	Weekday of Advent	9.30am	Alan Gabriel RIP
Saturday	21st December	St Peter Canisius, Priest Doctor of the Church	9.30-11am 6pm	Holy Hour and confession Parishioners
Sunday	22 nd December	4 th Sunday of Advent	9.30am 11.15am	Donald Patrick Houston RIP Marie Landy (birthday intention)