



# Sacred Heart Teddington

sacredheartteddington.org

## Parish Newsletter



25<sup>TH</sup> JANUARY 2026

3<sup>RD</sup> SUNDAY IN ORDINARY TIME

SUNDAY OF THE WORD OF GOD

WEEK III

### SCRIPTURE REFLECTION FOR SUNDAY

[...] **For Christ did not send me to baptise but to preach the gospel, and not with words of eloquent wisdom, lest the cross of Christ be emptied of its power. (1 Cor 1:10-13, 17)** This is Sunday of the Word of God. It reminds us to practise 'lectio divina' – read, meditate, contemplate, discern what God is asking me/parish through a given passage of scripture: action – what is he asking me to do? John baptised, preaching repentance of sins. Jesus baptised with the Holy Spirit. Paul came not to baptise, but to preach the Word. We are called to preach the gospel by our way of living. In this way we will cultivate our souls and be as a light for the nations, spreading hope and joy. There is a revival of young people returning to the church. Let's pray for them. Is the Word calling you to be a catechist? Act now **POPE LEO XIV PRAYER INTENTION FOR JANUARY – For prayer with the Word of God** Let us pray that praying with the Word of God be nourishment for our lives and a source of hope in our communities, helping us to build a more fraternal and missionary Church.

### THE SACRED HEART PARISH, TEDDINGTON AND HAMPTON WICK and THE SONS OF DIVINE PROVIDENCE NEWS

**CHURCH LIFE:** Well, as expected the year has started at full speed and there are no signs of it slowing down – just the opposite! We must remember that in this fast pace, we must slow it down ourselves and take deep breaths when it all becomes too much – and remember that the Lord is always next to us. January seems a long cold dark month, but there are signs that Spring is around the corner with longer, brighter days, with snowdrops, and daffodils blooming in the parish garden, and bluebells peeping through. The birds are now starting to look for suitable nesting material. Hopefully the pigeons do not come home to roost in the church! We have achieved so much as a parish in the last 7 months since we reopened the doors of the main Church – and it is just the beginning. We have lots of new faces at Masses and there are a few more much needed helpers. I thank everyone. I thank you for your welcome prayers as well. The power of prayer is immense. Our community is growing! The First Reconciliation and Confirmation Groups are under way - Please pray for the children and youth preparing for these Sacraments, for their families and catechists. Pray for those on the RCIA preparing to be received at Easter.

**Last Sunday we hosted Churches Together in Teddington for the Week of prayer for Christian Unity. An email thanked CTT Teddington Church members for attending last Sunday's 4pm Service and all at Sacred Heart for preparing music & refreshments.**  
**NEXT BAPTISM PREPARATION EVENING – AMENDED DATE: The date has been moved to Thurs 12<sup>th</sup> February at 7pm – please contact Pippa to sign up [teddington@rcdow.org.uk](mailto:teddington@rcdow.org.uk)**

**ALPHA 2026:** What a lovely evening! A good attendance. Food & company was good with a buzz in the air. It's not too late to join next week. Please contact us through the website. [www.sacredheartteddington.org](http://www.sacredheartteddington.org) The theme of Week 1 was: Is there more to life than this?

**RCIA:** If you are interested in becoming a Catholic, please come forward. We will give you some guidance and support.

**HIRE THE HALL:** If it's for children's birthday parties, Baptism receptions, or a group that you run that you need a larger space for – then please contact Pippa in the office to check availability and pricing. (Saturdays, if available, can work between 11.30am – 4pm)

**FUNDRAISING TEAM 2026:** We had a wonderful little fundraising team last year, who attended meetings and put forward ideas. We are now looking for someone to take over that lead role, and to move things forward, and come up with new initiatives and see them through. I need to be "indirectly" involved – just more of a sign off to make sure it is ok – but I really need someone to coordinate please and put a yearly schedule together. Please contact Pippa in the office and a new list will be started! Volunteers from the previous group please let us know if you still wish to be involved. Thank you.

**RETRouvaille HELPS MARRIAGES:** LAST CALL for online marriage programme. Does your marriage need some TLC? It can bring hope and healing to relationships. Next date: 12th February 2026. [www.retrouvaille.org.uk](http://www.retrouvaille.org.uk) Tel: 07887 296983

**NEXT SECOND COLLECTION:** Cardinal's Lenten Appeal 18 February which is Ash Wednesday

**WE ARE HOSTING HANDELS MESSIAH CONCERT** on Palm Sunday. Further information to follow when details are confirmed.

**PARISH FINANCES – Thank you for supporting The Sacred Heart.** December S.O. £2,479; Contactless: £473.00; Building Fund Standing Order £785.00; Last Sunday's plate collection £338.05 Please consider making a standing order for your weekly contribution?

**GIFT AID claim** for the 2024/25 tax year raised £12,491.25. Thank you to all of our gift aiders. If you are a taxpayer and do not already gift aid your donations, please consider it. Gift aid earns an extra 25% for parish. Standing order and gift aid forms are available at the back of the church. Tell your friends! Monthly standing orders are the easiest and most efficient way to support your parish financially. Thanks to all of you who Gift Aid to the parish or building fund – Gift Aid makes a difference. Ask Traci: [teddingtonbk@rcdow.org.uk](mailto:teddingtonbk@rcdow.org.uk)

**PLEDGES** We need more pledges for our building fund to help reduce the loan when repayments begin. Pledge and updated gift aid forms are available in the church or contact the parish office. Use BF + Surname & Initials as the reference - all building fund payments.

**REMEMBER THE SACRED HEART CHURCH TEDDINGTON BUILDING FUND AS A LEGACY IN YOUR WILL** Please remember the church's Building Fund and on-going parish maintenance as a legacy in your will. Legacy gifts: [legacies@rcdow.org.uk](mailto:legacies@rcdow.org.uk), Info: Laura Dudhee 020 7798 9159 **THE LENTEN PLANNED-GIVING DRIVE** is being prepared – it will be presented over a three week period.

**SACRED HEART SCHOOL RECEPTION TOURS FOR 2026 ENTRY:** We would love to welcome you to our Reception class! Tours will be held every Friday for September 2026 entry, starting at 9.40 am and lasts around an hour. Let the school office know if you would like to join us — we look forward to meeting you! Call 0208 977 6591 or email [info@sacredheart.richmond.sch.uk](mailto:info@sacredheart.richmond.sch.uk) to book your place.

**SACRED HEART CHURCH IS OPEN 8am-6pm** with side ramp access. Please come and Pray in the narthex area. During the cold weather please be mindful to **keep heat in**. Leave outside door open slightly and keep inner red door closed. Thanks.

**"PRAY WITH THE POPE":** VIEW a beautiful video that has a recording of the Pope; it allows you to pray with him – very moving and humble – but the words of the Lord sing loud. A real network of communion in a divided world - <https://www.cbcew.org.uk/pray-with-the-pope-a-real-network-of-communion-in-a-divided-world/>

**ANOINTING OF THE SICK:** On Saturday 7th of February 2026 there will be Mass for the Sick at the Cathedral at 2pm, celebrated by the H.E. Cardinal Vincent Nichols, during which Anointing of the Sick will be offered. To help with planning for the Mass and the anointing, please contact Pippa in the office to book a ticket for you. Tickets are in three categories: 1 Wheelchair users who require anointing. 2 Walking sick who require anointing. 3 Those assisting the sick, who do not require anointing.

**PRAY FOR CARDINAL NICHOLS retiring. His Thanksgiving Mass in the Cathedral will take place Thursday 5<sup>th</sup> February at 5.30pm and ARCHBISHOP ELECT BISHOP RICHARD MOTH installation will take place** on 14 February at 12 noon. Tickets needed for both.

**CHURCHES TOGETHER IN TEDDINGTON – PRAYER ROTA 25<sup>th</sup> NPL** Helen McEvoy; **1st February** St John’s Church Rev Jerry Field; **8<sup>th</sup> February** Teddington Baptist Church Rev Jonathan Findlater; **15th Feb** Sons of Divine Providence Rev Stephen Beale & community **FORTHCOMING SOCIAL ACTIVITIES** suggestions: accommodating Richmond Refugees; Prison Visiting, Street Pastors, The Passage, Assisting Modern Slavery Victims; accommodating individuals and families who are **homeless** due to loosing rental accommodation; **Café** set up for local older and needy persons. **Growing in Faith** – spirituality leading to a deeper insight to the Catholic Church and social outreach via Alpha and Youth Alpha. **Quiz Night** in the church hall for the Building Fund. Questions are already prepared. Let’s see if we can get this off the ground. cancer/dementia prayer group. We are planning an Appeal Lent ‘26 to find ways to better manage our finances and forms of fundraising. We will be helped to appeal to parishioners for more help through talks during weekend Masses.

**WORLD LEPROSY DAY 2026:** JBMS Calls for Compassion, Support, and Prayer Sunday 25 January 2026. The John Bradburne Memorial Society (JBMS) is calling on individuals, parishes, and communities to support its mission on World Leprosy Day, to be observed on Sunday 25 January 2026. This annual day of awareness shines a spotlight on the ongoing challenges faced by people affected by leprosy, a neglected tropical disease that continues to impact thousands worldwide. Please see poster for ways to support.

**WESTMINSTER DIOCESE JUSTICE & PEACE LECTURE 2026:** The second annual Justice and Peace Lecture which will be given by Charles Wookey, formerly CEO of Blueprint for Business, and for the last three decades advisor on social and ethical issues to archbishops of Westminster and at the Bishops' Conference of England and Wales. He will speak on the topic 'Living out Catholic Social Teaching in Today's Britain'. A response will be given by the young scholar Dr Charles Bury of the University of Manchester. The lecture will take place at Farm Street Church of the Immaculate Conception, 114 Mount Street, London W1K 3AH, on March 25th 2026 at 7pm. Access to the church is from Farm Street or Mount Street. After the lecture in the church all are invited to a buffet reception in the Arrupe Hall. All are welcome. If you would like to attend please reply to [justiceandpeace@rcdow.org.uk](mailto:justiceandpeace@rcdow.org.uk) by March 1st 2026.

**SUPPORT THE SONS OF DIVINE PROVIDENCE COMMUNITIES:** Helping SDP UKRAINE projects. Payments to: EGIDIO MONTANARI, IBAN NO. IT59 C030 6901 6021 0000 0061 578; SWIFT CODE: BCITITMMXXX; BANK: SANPAOLO, Filiale 00352, Via Antonio da Messina, 24 – 20146 MILANO (MI)

**JOIN OUR PILGRIMAGE TO LOURDES** travelling overnight by luxury coach from 9 to 14 February 2026. It is always a beautiful and deeply spiritual experience soaking in the Spirit of Jesus as we travel to honour Our Blessed Mother. Leaving Slough and Ealing Broadway on 9 Feb 2026 and departing Lourdes on 13 February for a visit to the Shrine of the Miraculous Medal in Rue de Bac, Paris on 14 February morning and arriving in London later on 14 February 2026 Full board, exciting festival devotional program, experience the Blessed Sacrament Procession of the Sick, the Candlelight Marian Rosary Procession and the International Mass on the Feast Day followed by Stations, Confessions and Adoration with Hour of Mercy. Travel, full board and program cost £590. More info all Millie on 07957594646

**FOOD BANK BOX** Food received is distributed firstly within the parish and surplus is sent to the food bank at St. Michael’s Church Fulwell. **Sons of Divine Providence weekday Mass from 2<sup>nd</sup> February:** Rosary 6.30pm; Mass 6.50pm: free on-the-street car parking after 6.30pm

**NEXT WEEKEND’S READINGS**  
**1<sup>st</sup> February**  
**(4<sup>th</sup> Sunday in Ordinary Time, Year A)**  
 Zeph 2:3; 3:12-13; 1 Cor 1:26-31  
 Matt 5:1-12a

**PARISH INFORMATION** **Fr Stephen Beale FDP, Parochial Administrator**  
*Parish administrator:* Phillippa Chaney, in the office Mon and Fri, 9am-3pm  
*Parish website* (including newsletter: <https://sacredheartteddington.org/>)  
*Email:* [teddington@rcdow.org.uk](mailto:teddington@rcdow.org.uk), Telephone: 020 8977 2986  
*Bookkeeper:* Traci: [teddingtonbk@rcdow.org.uk](mailto:teddingtonbk@rcdow.org.uk) In office: Weds 10.30am-2.30pm  
**Safeguarding: Estella Weston** ([teddingtonsg@safeguardrcdow.org.uk](mailto:teddingtonsg@safeguardrcdow.org.uk))  
**Mass times:** Sunday: 11.15am; Mon-Wed, Fri: 9.30am at Sacred Heart or at Sons of Divine Providence Monday to Friday rosary 6pm, Mass 6.30pm; **Divine Mercy devotions: First SUNDAY SDP Chapel, 2.30pm-3.30pm** (23 Lower Teddington Rd, Hampton Wick, KT1 4EU)

**Next week’s Mass Intentions**

<b>Saturday</b>	24 <sup>th</sup> January	St Francis de Sales, Bishop Doctor of the Church	09.30-11am 6pm	Adoration & Confession Mary Bradley RIP Anniv
<b>Sunday</b>	25 <sup>th</sup> January	3 <sup>rd</sup> Sunday in Ordinary Time	9.30am 11.15am	Parishioners and benefactors Dennis Keenan RIP
<b>Monday</b>	26 <sup>th</sup> January	Ss Timothy and Titus, Bishops	9.30 am	Special intention
<b>Tuesday</b>	27 <sup>th</sup> January	St Angela Merici, Virgin	09.30	Benito de Souza RIP
<b>Wednesday</b>	28 <sup>th</sup> January	St Thomas Aquinas, Priest Doctor of the Church	9.30am	Sr. Mary Pass RIP
<b>Thursday</b>	29 <sup>th</sup> January	Weekday in Ordinary Time	No Mass	Pray the rosary for Alpha candidates
<b>Friday</b>	30 <sup>th</sup> January	Weekday in Ordinary Time	09.30am	Juliette RIP and grieving family
<b>Saturday</b>	31 <sup>st</sup> January	St John Bosco, Priest	09.30-11am 6pm	Adoration & Confession Parishioners and benefactors
<b>Sunday</b>	1 <sup>st</sup> February	4 <sup>th</sup> Sunday in Ordinary Time	9.30am 11.15am	John Dilger RIP Intentions Marie Blanc and family