



Sacred Heart Teddington

sacredheartteddington.org

Parish Newsletter



4TH JANUARY 2026

2ND SUNDAY AFTER CHRISTMAS

HAPPY NEW YEAR EVERYONE

PSALTER WEEK 2

SCRIPTURE REFLECTION FOR SUNDAY

And the Word was made flesh and dwelt among us, we have seen his glory [...] (John 1:1-18) The angel of the Lord declared unto Mary. And she conceived of the Holy Spirit. Hail Mary ... Behold the handmaid of the Lord. Be it done unto me according to thy word. Hail Mary ... And the Word was made flesh. And dwelt among us. Hail Mary ... Pray for us O Holy Mother of God. That we may be made worthy of the promises of Christ. Pour forth we beseech thee O Lord thy grace into our hearts that we to whom the incarnation of Christ thy Son was made known by the message of an angel, may, by his passion and cross be brought to the glory of his resurrection. Through the same Christ our Lord. Amen. Glory be ... x3; Professing our faith in the incarnation: A traditional prayer to recite morning, noon and evening.

POPE LEO XIV PRAYER INTENTION FOR JANUARY – For prayer with the Word of God Let us pray that praying with the Word of God be nourishment for our lives and a source of hope in our communities, helping us to build a more fraternal and missionary Church.

THE SACRED HEART PARISH, TEDDINGTON AND HAMPTON WICK and THE SONS OF DIVINE PROVIDENCE NEWS

CHURCHES TOGETHER IN TEDDINGTON – PRAYER ROTA 4th January St Francis de Sales Church, Fr. Shaun Church; **11th January** Teddington Methodist Church, Rev. David Innes; **18th January** Sacred Heart Church, Rev Stephen Beale, **25th NPL** Helen McEvoy

CHRISTMAS STALL HERE AT CHURCH: Thank you very much for the lovely donations that are coming in for our fundraising table. £218.00 raised so far. The table has been created, and you will be able to give suggested donations through the Dona, or cash in the small tub. We are looking to hold the table for a number of weeks, so please add any homemade edibles for the weekends. A reminder: money raised will go 50% towards our school and 50% Church building fund. Feel free to add to the table unwanted Christmas gifts.

BRAND NEW BIKE FOR SALE: You will see that there is a brand-new bike that has been donated for the Building Fund – it was £600 in the shops – please make an offer. Our thanks to the generous donor.

HIRE THE HALL: If it's for children's birthday parties, Baptism receptions, or a group that you run that you need a larger space for – then please contact Pippa in the office to check availability and pricing.

SACRED HEART SCHOOL RECEPTION TOURS FOR 2026 ENTRY: We would love to welcome you to our Reception class! Tours will be held every Friday for September 2026 entry, starting at 9.40 am and lasts around an hour. Let the school office know if you would like to join us — we look forward to meeting you! Call 0208 977 6591 or email info@sacredheart.richmond.sch.uk to book your place.

DO YOU HAVE A PASSION FOR MUSIC AND SINGING? Why not join our vibrant M.A.S.H. group and choir that are so uplifting at our Sunday Masses. Full support and welcoming will be given, so please fill our Church with your voices and instrumental talents.

ALPHA Please see posters and handouts advertising **January 21st next start date**. Please listen for announcements and pass on invitation cards – especially people of no faith / struggling in the daily journey who seek peace/solace in their lives. Contact the office or ask Fr. Stephen or Kym. We are now advertising on our website. There will be a form available to complete, watch this space, see website

CRIB OFFERING 2025: The Catholic Children's Society (CCS) provides vital support for children and families in our diocese, helping children who are struggling with poverty and deprivation. There are many more vulnerable families in need of support and our parish will be donating our Crib Offering to support the important work. Donate at the Crib or Via the CCS website: www.cathchild.org.uk/crib

PARISH FINANCES – Thank you for supporting The Sacred Heart. November S.O. £2,464; Contactless: £172.00; Building Fund Standing Order £793.00; Last Sunday's plate collection £287.31 Pls consider making a standing order for your weekly contribution?

GIFT AID claim for the 2024/25 tax year raised £12,491.25. Thank you to all of our gift aiders. If you are a taxpayer and do not already gift aid your donations, please consider it. Gift aid earns an extra 25% for parish. Standing order and gift aid forms are available at the back of the church. Tell your friends! Monthly standing orders are the easiest and most efficient way to support your parish financially. Thanks to all of you who Gift Aid to the parish or building fund – Gift Aid makes a difference. Ask Traci: teddingtonbk@rcdow.org.uk

PLEDGES We need more pledges for our building fund to help reduce the loan when repayments begin. Pledge and updated gift aid forms are available in the church or contact the parish office. Use BF + Surname & Initials as the reference - all building fund payments.

REMEMBER THE SACRED HEART CHURCH TEDDINGTON BUILDING FUND AS A LEGACY IN YOUR WILL Please remember the church's Building Fund and on-going parish maintenance as a legacy in your will. Legacy gifts: legacies@rcdow.org.uk, Info: Laura Dudhee 020 7798 9159

FORTHCOMING SOCIAL ACTIVITIES suggestions: accommodating Richmond Refugees; Prison Visiting, Street Pastors, The Passage, Assisting Modern Slavery Victims; accommodating individuals and families who are **homeless** due to losing rental accommodation; **Café** set up for local older and needy persons. **Growing in Faith** – spirituality leading to a deeper insight to the Catholic Church and social outreach via Alpha and Youth Alpha. **Quiz Night** in the church hall for the Building Fund. Questions are already prepared. Let's see if we can get this off the ground. cancer/dementia prayer group. We are planning an Appeal Lent '26 to find ways to better manage our finances and forms of fundraising. We will be helped to appeal to parishioners for more help through talks during weekend Masses.

SACRED HEART CHURCH IS OPEN 8am-6pm with ramp access. Pray in the narthex area which has had a welcome lighting upgrade. During the cold weather please be mindful to **keep heat in**. Leave outside door open slightly and keep inner red door closed. Thanks.

NEW RED CARPET costs £1,980.00 – a great addition. £835 donated so far! Would anyone like to donate? Please see Dona Machine to contribute – many thanks. **SPONSORING ROOFING SLATES** includes remembering loved ones has raised £2,130.00 Thank you

ONGOING WORK Radiator repairs – date pending; **THAMES WATER** contractor will dig where church notice board is: starts 5 Jan '26!

UP & RUNNING IN TEDDINGTON: 8 week couch to parkrun programme. We will be starting from the store at 6.30pm on Tuesday 6th January. Initially it will be just once a week walk / jog but we expect an additional session on Thursday with The Stragglers Running Club from NPL Bushy Park Sports Club from end January. Participants will have free access to the Coopah running coaching app for 4 weeks and also New Balance will be providing free shoe trials. We will also help with gait analysis to help them find the right shoes. Participants can sign up here for the Coopah app. <https://upandrinning.co.uk/pages/the-run-project> Please note we will be running an 8 week programme with 9th week 'graduating' at parkrun not a 6 week programme. I will be leading the group. We will be running a new group every 9 weeks throughout the year.

18 – 25 JANUARY CHRISTIAN UNITY WEEK – diary date - Sacred Heart Teddington will be hosting this year, on Sunday 18th at 4pm. Let's make an especial effort to be present as the Sacred Heart Church and School family to welcome the other members of Churches Together in Teddington. Please join our singers and help to prepare and serve tea/coffee cake/biscuits refreshments.

'VISIO DIVINA: PRAYING WITH ART': Fr Patrick van der Vorst Thursday 15th January, 7.30pm-9pm Part of the 'Continuing the Journey' series for new Catholics to feed and deepen their relationship with Christ. Fr Patrick will guide us in using the medium of art to pray. Booking in advance is essential. Please email catadmin@rcdow.org.uk

SUPPORT THE SONS OF DIVINE PROVIDENCE COMMUNITIES: Helping SDP UKRAINE projects. Payments to: EGIDIO MONTANARI, IBAN NO. IT59 C030 6901 6021 0000 0061 578; SWIFT CODE: BCITITMMXXX; BANK: SANPAOLO, Filiale 00352, Via Antonio da Messina, 24 – 20146 MILANO (MI)

JOIN OUR PILGRIMAGE TO LOURDES travelling overnight by luxury coach from 9 to 14 February 2026. It is always a beautiful and deeply spiritual experience soaking in the Spirit of Jesus as we travel to honour Our Blessed Mother. Leaving Slough and Ealing Broadway on 9 Feb 2026 and departing Lourdes on 13 February for a visit to the Shrine of the Miraculous Medal in Rue de Bac, Paris on 14 February morning and arriving in London later on 14 February 2026 Full board, exciting festival devotional program, experience the Blessed Sacrament Procession of the Sick, the Candlelight Marian Rosary Procession and the International Mass on the Feast Day followed by Stations, Confessions and Adoration with Hour of Mercy. Travel, full board and program cost £590. More info all Millie on 07957594646

LET'S START THINKING ABOUT NEXT YEAR! The Parish Needs YOU!! We URGENTLY need more volunteers to come forward and help with the groups that we are hosting, and also new ventures that we are looking at. Could you help next year with opening and closing the side hall for bookings if you live close by? Wouldn't be week in week out, if we have a small team we can have a rota. Please come forward to join the volunteers who help keep our Church/hall clean and tidy; teas and coffees please come forward and help set up, serve, and to put the items back in the correct place so it is all organised; the list could go on, and it certainly does! My goal next year is to have more time for the Pastoral side of our wider community. I need to be "freed" to a certain extent in order to visit the sick in their homes; there is a suggestion to get together for Saturday or Sunday bring and share lunch in the hall in February (?); and the list grows and grows ...

Lastly, but most importantly, if you know of any families or individuals who are struggling with the cost of living, please contact me. I can offer support with tins from our donated food and/or a food voucher – please don't feel embarrassed. If we can help, we will do so. Either chat with me after Mass or send an email through to the office or drop a note through the front door – it is confidential. Do ask.

PADRE PIO spiritual family Servants of Suffering have brought a new dimension to the parish. Monday evening 5 January there will be a reading group – listening to writings of Padre Pio, followed by catechesis. A recording is shared with Sacred Heart Tuesday coffee morning group. Next SoS Associates meeting Saturday 10 January starting 09.30a.m. The next Saturday evening gathering after the 6pm Mass led by Servants of Suffering priests scheduled for 7 February (to be confirmed.) Further schedules including Lenten retreat to be announced ...

EPIPHANY MASS TIMES Tues 6th Jan: Sacred Heart church 9.30am/7.30pm; Don Orione Chapel 23, KT1 4EU 6pm English/6.45pm Polish

MESSAGE OF THANKS, Christmas and New Year wishes from Fr. Gordon Rees (Verona Fathers) for supporting the recent Mission Appeal

FR. ROBERT MCCULLOUGH passed through on New Year's Day. He sends best wishes and prayers for 2026 & thanks for ongoing support

NEXT WEEKEND'S READINGS

11th January

(The Baptism of the Lord, Year A)

Isa 42:1-4, 6-7; Acts 10:34-38

Matt 3:13-17

PARISH INFORMATION

Fr Stephen Beale FDP, Parochial Administrator

Parish administrator: Phillippa Chaney, in the office Mon and Fri, 9am-3pm

Parish website (including newsletter: <https://sacredheartteddington.org/>)

Email: teddington@rcdow.org.uk, Telephone: 020 8977 2986

Bookkeeper: Traci: teddingtonbk@rcdow.org.uk In office: Weds 10.30am-2.30pm

Safeguarding: Estella Weston (teddingtonsg@safeguardrcdow.org.uk)

Mass times: Sunday: 9.30am and 11.15am; Mon-Wed, Fri: 9.30am at Sacred Heart or at Sons of Divine Providence Monday to Friday rosary 6pm, Mass 6.30pm; Divine Mercy devotions: This SUNDAY SDP Chapel, 2.30pm-3.30pm (23 Lower Teddington Rd, Hampton Wick, KT1 4EU)

Next week's Mass Intentions

Saturday	3 rd January	Most Holy Name of Jesus	9.30– 11am 6pm	Adoration and confession Parishioners and benefactors
Sunday	4 th January	2 nd Sunday after Christmas	9.30am 11.15am	Jamnadas Jadavji Tanna RIP (108) Peter Logue RIP
Monday	5 th January	Weekday of Christmas	9.30 am	Special intention
Tuesday	6 th January	The Epiphany of the Lord	9.30am 7.30pm	Parishioners et al : 2026 Blessings Timothy Hayes RIP
Wednesday	7 th January	St Raymond of Peñafort, priest	9.30am	Artur Zamonowski RIP
Thursday	8 th January	Weekday after Epiphany	No Mass	Pray for world peace and justice
Friday	9 th January	Weekday after Epiphany	09.30am	Edward Harris – medical exams
Saturday	10 th January	Weekday after Epiphany	09.30-11am 6pm	Adoration & Confession Timothy Hayes RIP
Sunday	11 th January	The Baptism of the Lord	9.30am 11.15am	Mavis Hatchman (get well) Sean Murphy RIP