



Sacred Heart Teddington

sacredheartteddington.org

Parish Newsletter



15TH FEBRUARY 2026

6TH SUNDAY IN ORDINARY TIME

ENJOY THE HALF TERM BREAK

WEEK II

SCRIPTURE REFLECTION FOR SUNDAY

If you desire, you will keep the commandments, and to act faithfully is a matter of choice. [...] God has not commanded anyone to be ungodly, and he has not given anyone permission to sin. (Sirach 15:15-20) We inherited the commandments because of sin. Each of us is personally responsible for our wellbeing – to know the difference between right and wrong and to know when we are doing them. We are joyful when we succeed and we are sad and downcast when we have done wrong. We are about to embark on the next Lenten journey. Lord help us to pray for wisdom and the grace to avoid the near occasion of sin. Help me to recognise and understand where I have to improve in order to come closer to you and to become more holy. Without you I will fail. Lord show me the right way ...

POPE LEO XIV PRAYER INTENTION FOR FEBRUARY – For children with incurable diseases Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

THE SACRED HEART PARISH, TEDDINGTON AND HAMPTON WICK and THE SONS OF DIVINE PROVIDENCE NEWS

CHURCH LIFE: Next week is the start of Lent – and I think it is a very good opportunity to start to slow things down a little and really think about things, and what is really important, and what could actually wait just a little longer. Family, wellbeing and having a support system in place – to know that you are not alone when things are getting a little out of hand. Reign in the emotions and try and create a sense of harmony. Rome wasn't built in a day – and that is what is happening now. Our Church is like a budding flower coming through the cold spell – each and every one of us is nurturing it, and its making such a difference. Please take note of our Lenten Groups further down the newsletter, and I will post when confessions will take place outside of our normal Saturday mornings. The Organ is in its last week of restoration I believe – thank you to Bernie for all his hard work on this. Next up... Following building works, final snagging's have commenced. The sacristy should soon be reinstated. Hall upgrade works are imminent! Whoopee!

CONGRATULATIONS: Martina who received Baptism last Saturday: it was a lovely occasion as always, please pray for her and her family.

NEXT BAPTISM PREPARATION EVENING – The next evening will take place in May time – TBC

ALPHA 2026: We have been sharing the themes weekly in order to give everyone who may be uncertain an idea of what is spoken about within Alpha - The theme of Week 4 was: How can I have faith? Please pray for attendees that they may benefit from the experience.

If you have not been able to join this time round please keep an eye for our next Sacred Heart Teddington Alpha – expected Autumn '26!

RCIA: If you are interested in becoming a Catholic, please come forward. We will give you some initial guidance and support. We are

taking names for the next RCIA course that is expected to start in September. Candidates please attend Mass & get to know parishioners.

RCIA CATECHISTS NEEDED There will be an opportunity to observe an RCIA course in progress and so train to be RCIA catechists here.

HIRE THE HALL: If it's for children's birthday parties, Baptism receptions, or a group that you run that you need a larger space for – then please contact Pippa in the office to check availability and pricing. (Saturdays, if available, can currently work 11.30am – 3.30pm)

NEXT SECOND COLLECTION: Cardinal's Lenten Appeal **18 February** which is Ash Wednesday

CAFOD FAMILY FAST DAY Friday 20 February – envelopes available. Basket collection 21/22 February

WE ARE HOSTING HANDELS MESSIAH CONCERT 29 March - Palm Sunday. Further information to follow when details are confirmed.

PARISH FINANCES – **Thank you for supporting The Sacred Heart.** January S.O. £2,484; Contactless: £204.00; Building Fund Standing Order £735.00; Last Sunday's plate collection £338.70 Please consider making a standing order for your weekly contribution?

GIFT AID claim for the 2024/25 tax year raised £12,491.25. Thank you to all of our gift aiders. If you are a taxpayer and do not already gift aid your donations, please consider it. Gift aid earns an extra 25% for parish. Standing order and gift aid forms are available at the back of the church. Tell your friends! Monthly standing orders are the easiest and most efficient way to support your parish financially. Thanks to all of you who Gift Aid to the parish or building fund – Gift Aid makes a difference. Ask Traci: teddingtonbk@rcdow.org.uk

PLEDGES We need more pledges for our building fund to help reduce the loan when repayments begin. Pledge and updated gift aid forms are available in the church or contact the parish office. Use BF + Surname & Initials as the reference - all building fund payments.

REMEMBER THE SACRED HEART CHURCH TEDDINGTON BUILDING FUND AS A LEGACY IN YOUR WILL Please remember the church's Building Fund and on-going parish maintenance as a legacy in your will. Legacy gifts: legacies@rcdow.org.uk, Info: Laura Dudhee 020 7798 9159

THE LENTEN PLANNED-GIVING DRIVE is being prepared – it will be presented over a three week period starting 28 Feb / 1 March. Lord help and inspire the parish preparation and help each one to support in the way they can, with generosity and from the heart.

SACRED HEART SCHOOL RECEPTION TOURS FOR 2026 ENTRY: We would love to welcome you to our Reception class! Tours will be held every Friday for September 2026 entry, starting at 9.40 am and lasts around an hour. Let the school office know if you would like to join us — we look forward to meeting you! Call 0208 977 6591 or email info@sacredheart.richmond.sch.uk to book your place.

SACRED HEART CHURCH IS OPEN 8am-6pm with side ramp access. Please come and Pray in the narthex area. During the cold weather please be mindful to **keep heat in**. Leave outside door open slightly and keep inner red door closed. Thanks.

A MESSAGE OF THANKS from Sacred Heart School for the £150.00 received from proceeds of the Sacred Heart church Christmas stall.

Sons of Divine Providence weekday Mass from 3rd February: Rosary 6.30pm; Mass 6.50pm: free on-the-street car parking after 6.30

RESTORATION WORK BEGINS ON MICHELANGELO'S 'LAST JUDGMENT': Michelangelo's 'Last Judgment' is set to undergo approximately three months of restoration work, but the Sistine Chapel will remain open during the intervention. 30 years after the "restoration of the century" Paolo Violini, the Head Restorer of the Painting and Wooden Materials Restoration Laboratory of the Vatican Museums, announced last summer that the cleaning intervention had become necessary due to the presence of a "widespread whitish film." This occurs, he recalled, just over thirty years after the so-called "restoration of the century," which revealed the brilliant colours of Michelangelo's masterpiece. This film, he noted, originated from "the deposition of microparticles of foreign substances carried by air movements, which over time have diminished chiaroscuro contrasts and evened out the original colours of the fresco." *Following on from reading this article, maybe at some point in the future, we too could think about cleaning our beautiful paintings? – already on the wish list!!!*

ARCHBISHOP BISHOP RICHARD MOTH: Welcome to Westminster! Please pray for Archbishop Richard for wisdom and discernment and for God's grace and strength to lead and guide him in his new appointment. Pray for Cardinal Nichols for grace to follow God's will for him.

CHURCHES TOGETHER IN TEDDINGTON – PRAYER ROTA 15th Feb Sons of Divine Providence Rev Stephen Beale & community; 22nd February St Mark's Rev Thomas Simpson; 1st March Salvation Army Majors Maria Konti-Galinou and Polis Pantelidis; 8th March Teddington Memorial Hospital Emma Hughes; 15th March Hampton Wick Baptist Church Rev Grantham Wash; 22nd March Christ Church Rev Stockford

THE SUNFLOWER CAFE is a welcoming drop-in session for families of children and young people with Special Educational Needs and/or Disability (SEND) – please see printed poster at the back of the Church.

PADRE PIO SPIRITUALITY: LENTEN MISSION OF PRAYER AND REFLECTION 2026 A time of grace and prayer with Padre Pio's Spiritual Family (The Servants of Suffering Missionary Group). There will also be blessings with first class relics of Padre Pio & Carlos Acutis. Friday 20th Feb Sacred Heart, Teddington 9.30 am - 12 noon and 6pm – 9.30pm.

REFUGEES WELCOME IN RICHMOND (RWIRN) is a Charity that seeks to welcome and support refugees who are seeking sanctuary in the Borough. We befriend the refugees and help them navigate the bureaucracy, find school places for their children and register them with a local surgery, accompany them to the Job centre, help arrange places for them on English language courses and provide a friendly space where they can meet and talk and get help from other organisations such as Citizens Advice. But the main problem most refugees have is to find secure, safe and suitable housing. I want to talk with you about this need and what you might be able to do to help. And so ... we will

NEXT WEEKEND welcome **Alistair Blunt** to address us after Masses 21/22 February. Reflect can you offer accommodation or other help?

EASTER CANDIDATES FOR RECEPTION Please pray for candidates being prepared to be received at Easter – thanks to Sr. Kathleen.

LENTEN GROUP MEETINGS: Starts Tuesday morning 24 February 10.00 after Mass. Please join us. *(Not Wednesday evening due to Alpha.)*

STATIONS OF THE CROSS: Walk with Jesus and let he with you. Here after Mass **10.00 Wednesdays of Lent & Fridays 6.30pm Don Orione.**

WESTMINSTER DIOCESE JUSTICE & PEACE LECTURE 2026: The second annual Justice and Peace Lecture which will be given by Charles Wookey, formerly CEO of Blueprint for Business, and for the last three decades advisor on social and ethical issues to archbishops of Westminster and at the Bishops' Conference of England and Wales. He will speak on the topic 'Living out Catholic Social Teaching in Today's Britain'. A response will be given by the young scholar Dr Charles Bury of the University of Manchester. The lecture will take place at Farm Street Church of the Immaculate Conception, 114 Mount Street, London W1K 3AH, on March 25th 2026 at 7pm. Access to the church is from Farm Street or Mount Street. After the lecture in the church all are invited to a buffet reception in the Arrupe Hall. All are welcome. If you would like to attend please reply to justiceandpeace@rcdow.org.uk by March 1st 2026.

SUPPORT THE SONS OF DIVINE PROVIDENCE COMMUNITIES: Helping SDP UKRAINE projects. Payments to: EGIDIO MONTANARI, IBAN NO. IT59 C030 6901 6021 0000 0061 578; SWIFT CODE: BCITITMMXXX; BANK: SANPAOLO, Filiale 00352, Via Antonio da Messina, 24 – 20146 MILANO (MI) *I have checked and this contact and method of transfer is still working.*

FOOD BANK BOX Food received is distributed firstly within the parish and surplus is sent to the food bank at St. Michael's Church Fulwell.

Dementia family Ministry Prayer for 12-19 March 2026 see Redemptorist Publications www.rpbooks.co.uk Tel: 01420 88222

NEXT WEEKEND'S READINGS
22nd February
(1st Sunday of Lent, Year A)

Gen 2:7-9; 3:1-7; Rom 5:12-19
Matt 4:1-11

PARISH INFORMATION

Fr Stephen Beale FDP, Parochial Administrator

Parish administrator: Phillippa Chaney, in the office Mon and Fri, 9am-3pm

Parish website (including newsletter: <https://sacredheartteddington.org/>)

Email: teddington@rcdow.org.uk, Telephone: 020 8977 2986

Bookkeeper: Traci: teddingtonbk@rcdow.org.uk In office: Weds 10.30am-2.30pm

Safeguarding: Estella Weston (teddingtonsg@safeguardrcdow.org.uk)

Mass times: Sunday: 09.30/11.15am; Mon-Wed, Fri: 9.30am at Sacred Heart or at Sons of Divine Providence Monday to Friday rosary 6.30pm, Mass 6.50pm; **Divine Mercy devotions: First SUNDAY SDP Chapel, 2.30pm-3.30pm (23 Lower Teddington Rd, Hampton Wick, KT1 4EU)**

Next week's Mass Intentions

Saturday	14 th February	Ss Cyril, monk, Methodius, Bishop	09.30-11am 6pm	No Confession. Pray in narthex area Joaquim & Celina Barreto RIP
Sunday	15 th February	6 th Sunday in Ordinary Time	9.30am 11.15am	Reynaldo Bautista RIP anniv Parishioners and benefactors
Monday	16 th February	Weekday in Ordinary Time	09.30	Special intention
Tuesday	17 th February	The Seven Founders of the Order of Servants of the Blessed Virgin Mary	09.30	Sheila Fallon RIP anniv
Wednesday	18 th February	Ash Wednesday	9.30am 7.30pm	Fr. Simon Bishop SJ RIP Christopher Ellison (sick)
Thursday	19 th February	Thursday after Ash Wednesday	No Mass	Pray for enlightenment during Lent
Friday	20 th February	Friday after Ash Wednesday	09.30am	Sean Murphy RIP
Saturday	21 st February	St Peter Damian, Bishop, Doctor of the Church	09.30-11am 6pm	No Confession. Pray in narthex area George Miller RIP
Sunday	22 nd February	1 st Sunday of Lent	9.30am 11.15am	Parishioners and benefactors Ursula Singleton RIP anniv