



# Sacred Heart Teddington

sacredheartteddington.org

## Parish Newsletter



22<sup>ND</sup> FEBRUARY 2026

1<sup>ST</sup> SUNDAY OF LENT

WEEK I

### SCRIPTURE REFLECTION FOR SUNDAY

**At that time: Jesus was led by the Spirit into the wilderness to be tempted by the devil. [...] Then Jesus said to him 'Be gone, Satan! For it is written. "You shall worship the Lord your God and him only shall you serve." Then the devil left him, and behold, angels came and were ministering to him. (Matthew 4:1-11)** If we are honest we are all tempted by hunger and thirst to satisfy our disordered desires and if we are honest we all struggle to overcome them. Jesus was tempted for forty days and forty nights – this could be symbolic of our lifetime. It sounds scary and it would be if we didn't have faith and trust in God. If we so desire, we can overcome our sins and frailties, with God's grace. Let's open our minds and hearts – admit what we need to irradicate. Let the angels nudge & shield us.

**POPE LEO XIV PRAYER INTENTION FOR FEBRUARY – For children with incurable diseases** Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

### THE SACRED HEART PARISH, TEDDINGTON AND HAMPTON WICK and THE SONS OF DIVINE PROVIDENCE NEWS

**CHURCH LIFE:** Ash Wednesday is always a solemn event in the Church as it marks a penitential season, calling us to conversion by our turning away from our sin and vices and focusing on living lives that seek to show our love for God by helping others in charitable ways. I felt humbled as so many attended the morning Mass representing the whole age spectrum. There was also a good attendance at the evening Mass. It shows the church means something more than a building. The faith is alive and growing. **A Prayer for the Start of Lent:** Lord, as we enter this first week of our Lenten journey, guide us on the path that leads to you. Fill our hearts with gratitude, patience, resilience, strength, and peace. Help us to grow closer to you this Lent through the practice of prayer and even a visit to the confessional."

**CHURCH HALL HEATING – GOOD NEWS** At a cost of £3.350.00 the heating system has been upgraded. I hope now it's warm & efficient.

**NEXT BAPTISM PREPARATION EVENING –** The next evening will take place in May time – TBC

**ALPHA 2026:** There was a break last week. Week 5: next Wednesday. Please pray for attendees that they may benefit from the evening. If you have not been able to join this time round, please keep an eye for our next Sacred Heart Teddington Alpha – expected Autumn '26!

**RCIA:** If you are interested in becoming a Catholic, please come forward. We will give you some initial guidance and support. We are taking names for the next RCIA course that is expected to start in September. Candidates please attend Mass & get to know parishioners.

**RCIA CATECHISTS NEEDED** There will be an opportunity to observe an RCIA course in progress and so train to be RCIA catechists here.

**EASTER CANDIDATES FOR RECEPTION** Please pray for candidates being prepared for Easter Reception – thanks Sr. Kathleen Murphy.

**HIRE THE HALL:** If it's for children's birthday parties, Baptism receptions, or a group that you run that you need a larger space for – then please contact Pippa in the office to check availability and pricing. (Saturdays, if available, can currently work 11.30am – 3.30pm)

**NEXT SECOND COLLECTION:** Holy Places (Good Friday) Collection 3 April. Bottom of this newsletter, see p.2 **Friends of the Holy Land**

**CAFOD FAMILY FAST DAY** Friday 20 February – envelopes available. Basket collection **21/22 February** or see poster and send direct.

**CAFOD THE BIG LENT WALK** Walk 200km in 40 days for life-saving water. See poster or google 'The Big Lent Walk. Good walking.

**WE ARE HOSTING HANDELS MESSIAH CONCERT** 29 March - Palm Sunday. Further information to follow when details are confirmed.

**PARISH FINANCES – Thank you for supporting The Sacred Heart.** January S.O. £2,484; Contactless: £204.00; Building Fund Standing Order £735.00; Last Sunday's plate collection £179.04 Please consider making a standing order for your weekly contribution?

**GIFT AID claim** for the 2024/25 tax year raised £12,491.25. Thank you to all of our gift aiders. If you are a taxpayer and do not already gift aid your donations, please consider it. Gift aid earns an extra 25% for parish. Standing order and gift aid forms are available at the back of the church. Tell your friends! Monthly standing orders are the easiest and most efficient way to support your parish financially.

Thanks to all of you who Gift Aid to the parish or building fund – Gift Aid makes a difference. Ask Traci: [teddingtonbk@rcdow.org.uk](mailto:teddingtonbk@rcdow.org.uk)

**PLEDGES** We need more pledges for our building fund to help reduce the loan when repayments begin. Pledge and updated gift aid forms are available in the church or contact the parish office. Use BF + Surname & Initials as the reference - all building fund payments.

**REMEMBER THE SACRED HEART CHURCH TEDDINGTON BUILDING FUND AS A LEGACY IN YOUR WILL** Please remember the church's Building Fund and on-going parish maintenance as a legacy in your will. Legacy gifts: [legacies@rcdow.org.uk](mailto:legacies@rcdow.org.uk), Info: Laura Dudhee 020 7798 9159

**THE LENTEN PLANNED-GIVING DRIVE** is being prepared – it will be presented over a three-week period starting 28 Feb / 1 March. Lord help and inspire the parish preparation and help each one to support in the way they can, with generosity and from the heart.

**SACRED HEART SCHOOL NURSERY** Sacred Heart Nursery has places for up to 26 children aged 3-4 years. Why not come along to our Nursery Stay and Play Sessions or take a tour during February and March. Applications are now open for September 2026, January 2027 intake. Sacred Heart School Nursery offers an excellent teacher-led Early Years provision.

**A MESSAGE OF THANKS** from Sacred Heart School for the £150.00 from Sacred Heart church Christmas stall – for playground items.

**SACRED HEART CHURCH IS OPEN 8am-6pm** with side ramp access. Please come and Pray in the narthex area. During the cold weather please be mindful to **keep heat in**. Leave outside door open slightly and keep inner red door closed. Thanks.

**Sons of Divine Providence weekday Mass from 3<sup>rd</sup> February:** Rosary 6.30pm; Mass 6.50pm: free on-the-street car parking after 6.30

**ARCHBISHOP RICHARD MOTH INSTALLATION:** This was a truly amazing event. I guess there must have been 400 clergy including bishops. There were 2000 people in the Cathedral. The Mass was a Pontifical Mass lasted more than two hours, but the time flew by. The new Archbishop thanking the Westminster Diocese for the warm welcome said he had yet to get to know the clergy and the people. He would listen and discern ... Archbishop Richard, an ex-Army chaplain, will continue to promote peace and social justice issues. In a message from Pope Leo, the Papal blessing was imparted to all of us in the diocese and throughout England and Wales, to be overseen by +Richard.

**ARCHBISHOP'S LENTEN APPEAL:** "Because we are formed in faith, we are sent in love." Our annual Lenten Appeal across the Diocese supports one shared mission: helping people encounter Christ and live that faith in love and service. Through Education, Youth & Evangelisation, and Marriage & Family Life, the diocese forms hearts, nurtures faith, and strengthens families within our parishes. Through Social Action, that formed faith reaches outward, ensuring that no one in our communities faces life's hardest moments alone. Your generous support this Lent will enable the Church to continue walking with people at every stage of life and be a visible sign of Christ's love, both within our parishes and among our neighbours. To donate today please visit [www.rcdow.org.uk/LentenAppeal](http://www.rcdow.org.uk/LentenAppeal) See poster. Envelopes are also available in church. Thank you for your support and for helping our diocesan family to continue this vital work.

**DIOCESAN PILGRIMAGE TO LOURDES** Registration for this year's Westminster Diocesan Pilgrimage to Lourdes (17 – 24 July 2026) is now open. Secure your spot by visiting the booking platform here: <https://pilgrimages.rcdow.org.uk/>

**CHURCHES TOGETHER IN TEDDINGTON – PRAYER ROTA** 22nd February St Mark's Rev Thomas Simpson; 1st March Salvation Army Majors Maria Konti-Galinou & Polis Pantelidis; 8th March Teddington Memorial Hospital Emma Hughes; 15th March H/ Wick Baptist Church

**THE SUNFLOWER CAFE** is a welcoming drop-in session for families of children and young people with Special Educational Needs and/or Disability (SEND) – please see printed poster at the back of the Church.

**REFUGEES WELCOME IN RICHMOND (RWIRN)** is a Charity that seeks to welcome and support refugees who are seeking sanctuary in the Borough. We befriend the refugees and help them navigate the bureaucracy, find school places for their children and register them with a local surgery, accompany them to the Job centre, help arrange places for them on English language courses and provide a friendly space where they can meet and talk and get help from other organisations such as Citizens Advice. But the main problem most refugees have is to find secure, safe and suitable housing. I want to talk with you about this need and what you might be able to do to help. And so ... we will

**THIS WEEKEND** welcome **Alistair Blunt** to address us after Masses 21/22 February. Reflect can you offer accommodation or other help?

**LENTEN GROUP MEETINGS:** Starts Tuesday morning 24 February 10.00 after Mass. Please join us. (*Not Wednesday evenings due to Alpha*)

**STATIONS OF THE CROSS:** Walk with Jesus and let he with you. Here after Mass **10.00 Wednesdays of Lent & Fridays 6.30pm Don Orione.**

**WESTMINSTER DIOCESE JUSTICE & PEACE LECTURE 2026:** The second annual Justice and Peace Lecture which will be given by Charles Wookey, formerly CEO of Blueprint for Business, and for the last three decades advisor on social and ethical issues to archbishops of Westminster and at the Bishops' Conference of England and Wales. He will speak on the topic 'Living out Catholic Social Teaching in Today's Britain'. A response will be given by the young scholar Dr Charles Bury of the University of Manchester. The lecture will take place at Farm Street Church of the Immaculate Conception, 114 Mount Street, London W1K 3AH, on March 25th 2026 at 7pm. Access to the church is from Farm Street or Mount Street. After the lecture in the church all are invited to a buffet reception in the Arrupe Hall. All are welcome. If you would like to attend please reply to [justiceandpeace@rcdow.org.uk](mailto:justiceandpeace@rcdow.org.uk) by March 1st 2026.

**SUPPORT THE SONS OF DIVINE PROVIDENCE COMMUNITIES: Helping SDP UKRAINE projects.** Payments to: EGIDIO MONTANARI, IBAN NO. IT59 C030 6901 6021 0000 0061 578; SWIFT CODE: BCITITMMXXX; BANK: SANPAOLO, Filiale 00352, Via Antonio da Messina, 24 – 20146 MILANO (MI) *I have checked and this contact and method of transfer is still working.*

**FOOD BANK BOX** Food received is distributed firstly within the parish and surplus is sent to the food bank at St. Michael's Church Fulwell.

**Dementia family Ministry Prayer for 12-19 March 2026** see Redemptorist Publications [www.rpbooks.co.uk](http://www.rpbooks.co.uk) Tel: 01420 88222

**DAY BY DAY BOOKLETS** – Adults £1.00 each; Children – infants and juniors ... FREE copies for the children. **Parents please take them.**

**HOLY LAND APPEAL FOR HELP PLEASE** <https://5xgf8.r.a.d.sendibm1.com/mk/cl/f/sh/SMK1E8tHeFuB1b5dvKoseDERLaC3/tFCcSFUn->

#### NEXT WEEKEND'S READINGS

1<sup>st</sup> March

(2<sup>nd</sup> Sunday of Lent, Year A)

Gen 12:1-4; Tim 1:8-10  
Matt 17:1-9

#### PARISH INFORMATION

**Fr Stephen Beale FDP, Parochial Administrator**

*Parish administrator:* Phillippa Chaney, in the office Mon and Fri, 9am-3pm

*Parish website (including newsletter):* <https://sacredheartteddington.org/>

*Email:* [teddington@rcdow.org.uk](mailto:teddington@rcdow.org.uk), Telephone: 020 8977 2986

*Bookkeeper:* Traci: [teddingtonbk@rcdow.org.uk](mailto:teddingtonbk@rcdow.org.uk) In office: Weds 10.30am-2.30pm

**Safeguarding: Estella Weston (teddingtonsg@safeguardrcdow.org.uk)**

**Mass times:** Sunday: 09.30/11.15am; Mon-Wed, Fri: 9.30am at Sacred Heart or at Sons of Divine Providence Monday to Friday rosary 6.30pm, Mass 6.50pm; **Divine Mercy devotions: NEXT SUNDAY SDP Chapel, 2.30pm-3.30pm (23 Lower Teddington Rd, Hampton Wick, KT1 4EU)**

#### Next week's Mass Intentions

<b>Saturday</b>	21 <sup>st</sup> February	St Peter Damian, Bishop, Doctor of the Church	09.30-11am 6pm	No Confession. Pray in narthex area George Miller RIP
<b>Sunday</b>	22 <sup>nd</sup> February	1 <sup>st</sup> Sunday of Lent	9.30am 11.15am	Parishioners and benefactors Fr. Simon Bishop SJ RIP
<b>Monday</b>	23 <sup>rd</sup> February	St Polycarp, Bishop, Martyr	09.30	Special intention
<b>Tuesday</b>	24 <sup>th</sup> February	Weekday of Lent	09.30	Frank Jones RIP
<b>Wednesday</b>	25 <sup>th</sup> February	Weekday of Lent	09.30	Ben De Sousa RIP
<b>Thursday</b>	26 <sup>th</sup> February	Ask God to inspire personal conversion	<i>Mass 6.50pm at Don Orione/SDP</i>	Daniel Robinson (sick)
<b>Friday</b>	27 <sup>th</sup> February	Weekday of Lent	09.30am	Int. Merlyn Fraser
<b>Saturday</b>	28 <sup>th</sup> February	St Gregory of Narek, Abbot Doctor of the Church	09.30-11am 6pm	Adoration and Confession Bernadette Dandy 94 <sup>th</sup> birthday
<b>Sunday</b>	1 <sup>st</sup> March	2 <sup>nd</sup> Sunday of Lent	9.30am 11.15am	Parishioners and benefactors Fr. Simon Bishop SJ RIP