



# Sacred Heart Teddington

sacredheartteddington.org

## Parish Newsletter



8<sup>TH</sup> FEBRUARY 2026

5<sup>TH</sup> SUNDAY IN ORDINARY TIME

WEEK I

### SCRIPTURE REFLECTION FOR SUNDAY

**'You are the salt of the earth' [...] 'You are the light of the world.' [...] Let your light shine before others, so that they may see your good works and give glory to your Father in heaven.'** (Matt. 5:13-16) Faith is a gift from God to be nurtured and cultivated. As we embrace faith as God's gift to us, we will be spirit filled and his light will shine in and through us in the form of reciprocal love shown to our needy neighbour. We will experience the fruit inwardly as serenity, joy, peace and love and others will see and question what they see. Alpha is an opportunity for us to seek and question faith, and it's an opportunity for God to question and challenge us. God's grace-filled word speaks to us. One's experience may be neutral & stay there - it's ok; Finding/deepening God's love can be awesome: get ready!

**POPE LEO XIV PRAYER INTENTION FOR FEBRUARY - For children with incurable diseases** Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

### THE SACRED HEART PARISH, TEDDINGTON AND HAMPTON WICK and THE SONS OF DIVINE PROVIDENCE NEWS

**CHURCH LIFE:** What a week! And its toasty warm in the Church! We are now firing on all cylinders! The heating has been fixed and what lovely copper pipes - shame to see them covered up! The Sacristy will soon be reopened and everything put back in place - again! The benches are filling, and we are certainly growing as parish family! We have two new lovely additions to the Sacred Heart Altar care of a generous donor - thank you. So many positive things to report, and lots of happiness coming out of the January month. Lent is almost upon us; please take note of our Lenten Groups and I will post when confessions will take place outside of our normal Saturday mornings. There is so much going on at the moment, and new things are being added all the time, so please be patient if things are slow or changed at the last minute - I don't like to disappoint, but sometimes it is unavoidable. Things are coming together, but also at the same time work is in progress! Next up.... Following building works, final snagging's have commenced. Hall upgrade works are imminent! Whoopee!

**NEXT BAPTISM PREPARATION EVENING -Next Thurs 12<sup>th</sup> February at 7pm - contact Pippa to sign up [teddington@rcdow.org.uk](mailto:teddington@rcdow.org.uk)**  
**ALPHA 2026** Please contact us through the website. [www.sacredheartteddington.org](http://www.sacredheartteddington.org) The theme of Week 3 was: Why did Jesus die?

If you have not been able to join this time round please keep an eye for our next Sacred Heart Teddington Alpha - expected Autumn '26!

**RCIA:** If you are interested in becoming a Catholic, please come forward. We will give you some initial guidance and support. We are taking names for the next RCIA course that is expected to start in September. Candidates please attend Mass & get to know parishioners.

**RCIA CATECHISTS NEEDED** There will be an opportunity to observe an RCIA course in progress and so train to be RCIA catechists here.

**CHRISTMAS STALL AT CHURCH:** Thanks to all who contributed. **£304.40 raised:** £152.20 building fund; £152.20 Sacred Heart School.

**HIRE THE HALL:** If it's for children's birthday parties, Baptism receptions, or a group that you run that you need a larger space for - then please contact Pippa in the office to check availability and pricing. (Saturdays, if available, can currently work 11.30am - 3.30pm)

**FUNDRAISING TEAM 2026:** An impromptu fundraising team met last year. We are now looking for someone to take over that lead role, and to move things forward, and come up with new initiatives and see them through. I need to be "indirectly" involved - just more of a sign off to make sure it is ok - but I really need someone to coordinate please and put a yearly schedule together. Please contact Pippa in the office and a new list will be started! Volunteers from the previous group please let us know if you still wish to be involved.

**NEXT SECOND COLLECTION:** Cardinal's Lenten Appeal **18 February** which is Ash Wednesday

**WE ARE HOSTING HANDELS MESSIAH CONCERT** 29 March - Palm Sunday. Further information to follow when details are confirmed.

**PARISH FINANCES - Thank you for supporting The Sacred Heart.** December S.O. £2,479; Contactless: £473.00; Building Fund Standing Order £785.00; Last Sunday's plate collection £363.00 Please consider making a standing order for your weekly contribution?

**GIFT AID claim** for the 2024/25 tax year raised £12,491.25. Thank you to all of our gift aiders. If you are a taxpayer and do not already gift aid your donations, please consider it. Gift aid earns an extra 25% for parish. Standing order and gift aid forms are available at the back of the church. Tell your friends! Monthly standing orders are the easiest and most efficient way to support your parish financially. Thanks to all of you who Gift Aid to the parish or building fund - Gift Aid makes a difference. Ask Traci: [teddingtonbk@rcdow.org.uk](mailto:teddingtonbk@rcdow.org.uk)

**PLEDGES** We need more pledges for our building fund to help reduce the loan when repayments begin. Pledge and updated gift aid forms are available in the church or contact the parish office. Use BF + Surname & Initials as the reference - all building fund payments.

**REMEMBER THE SACRED HEART CHURCH TEDDINGTON BUILDING FUND AS A LEGACY IN YOUR WILL** Please remember the church's Building Fund and on-going parish maintenance as a legacy in your will. Legacy gifts: [legacies@rcdow.org.uk](mailto:legacies@rcdow.org.uk), Info: Laura Dudhee 020 7798 9159 **THE LENTEN PLANNED-GIVING DRIVE** is being prepared - it will be presented over a three week period.

**SACRED HEART SCHOOL RECEPTION TOURS FOR 2026 ENTRY:** We would love to welcome you to our Reception class! Tours will be held every Friday for September 2026 entry, starting at 9.40 am and lasts around an hour. Let the school office know if you would like to join us - we look forward to meeting you! Call 0208 977 6591 or email [info@sacredheart.richmond.sch.uk](mailto:info@sacredheart.richmond.sch.uk) to book your place.

**SACRED HEART CHURCH IS OPEN 8am-6pm** with side ramp access. Please come and Pray in the narthex area. During the cold weather please be mindful to **keep heat in**. Leave outside door open slightly and keep inner red door closed. Thanks.

**Sons of Divine Providence weekday Mass from 3<sup>rd</sup> February:** Rosary 6.30pm; Mass 6.50pm: free on-the-street car parking after 6.30

**Sons of Divine Providence have recently welcomed** Fr Vijaya Baskar to Upholland, Lancs & Fr. Anthony Cruz to Ashford and Stanwell.

**A MASS OF THANKSGIVING** was celebrated by Cardinal Vincent Nichols on Thursday 5 February at 5.30pm in the Cathedral. It was a wonderful celebration. Card. Vincent thanked clergy for their support and trust, and thanked parishioners for their service in many roles.

**PRAY FOR ARCHBISHOP ELECT BISHOP RICHARD MOTH: Installation will take place** on 14 February at 12 noon. Tickets need to be obtained for this event - myself included! **PRAY FOR CARDINAL NICHOLS** to fulfil whatever God has lined up for him in his retirement.

**ON-GOING PRAYER NEEDED: I saw this in the media:** Thank you for all the support, an exceptional £163,369.45 has been raised in support of Christians in the Holy Land. **Please keep your prayers going** for many families who continue to face immense challenges.

**MARRIAGE WEEK:** 7-14 February. The tenth anniversary of Pope Francis' Post-Synodal Apostolic Exhortation Amoris Laetitia – "On Love in the Family" will be feast of St. Joseph." To prepare for this anniversary, we invite you from the beginning of National Marriage Week, 7-14 February until 19 March 2026, to reflect on the central role that marriage and family life play in our Church and in wider society.

**CHURCHES TOGETHER IN TEDDINGTON – PRAYER ROTA 8<sup>TH</sup> February** Teddington Baptist Church Rev Jonathan Findlater; **15<sup>th</sup> Feb** Sons of Divine Providence Rev Stephen Beale & community; **22<sup>nd</sup> February** St Mark's Rev Thomas Simpson; 1st March Salvation Army Majors Maria Konti-Galinou and Polis Pantelidis; **8<sup>th</sup> March** Teddington Memorial Hospital Emma Hughes.

**FORTHCOMING SOCIAL ACTIVITIES** suggestions: accommodating Richmond Refugees; Prison Visiting, Street Pastors, The Passage, Assisting Modern Slavery Victims; accommodating individuals and families who are **homeless** due to losing rental accommodation; **Café** set up for local older and needy persons. **Growing in Faith** – spirituality leading to a deeper insight to the Catholic Church and social outreach via Alpha and Youth Alpha. **Quiz Night** in the church hall for the Building Fund. Questions are already prepared. Let's see if we can get this off the ground. Cancer/dementia prayer group. We are planning a **Lent '26 Planned Giving** to increase parish finances and forms of fundraising. The appeal to parishioners for more help as best they can, will be made during weekend Masses over three weekends.

**THE SUNFLOWER CAFE** is a welcoming drop-in session for families of children and young people with Special Educational Needs and/or Disability (SEND) – please see printed poster at the back of the Church.

**PADRE PIO SPIRITUALITY: LENTEN MISSION OF PRAYER AND REFLECTION 2026** A time of grace and prayer with Padre Pio's Spiritual Family (The Servants of Suffering Missionary Group). There will also be blessings with first class relics of Padre Pio & Carlos Acutis. Friday 20th Feb Sacred Heart, Teddington 9.30 am - 12 noon – (there is possibly an evening event but TBC).

**LENTEN GROUP MEETINGS:** Starts Tuesday morning 24 February 10.00 after Mass. Please join us. (*Not Wednesday evening due to Alpha.*)

**STATIONS OF THE CROSS:** Walk with Jesus and let he with you. Here after Mass **10.00 Wednesdays of Lent & Fridays 6.30pm Don Orione.**

**WESTMINSTER DIOCESE JUSTICE & PEACE LECTURE 2026:** The second annual Justice and Peace Lecture which will be given by Charles Wookey, formerly CEO of Blueprint for Business, and for the last three decades advisor on social and ethical issues to archbishops of Westminster and at the Bishops' Conference of England and Wales. He will speak on the topic 'Living out Catholic Social Teaching in Today's Britain'. A response will be given by the young scholar Dr Charles Bury of the University of Manchester. The lecture will take place at Farm Street Church of the Immaculate Conception, 114 Mount Street, London W1K 3AH, on March 25th 2026 at 7pm. Access to the church is from Farm Street or Mount Street. After the lecture in the church all are invited to a buffet reception in the Arrupe Hall. All are welcome. If you would like to attend please reply to [justiceandpeace@rcdow.org.uk](mailto:justiceandpeace@rcdow.org.uk) by March 1st 2026.

**SUPPORT THE SONS OF DIVINE PROVIDENCE COMMUNITIES: Helping SDP UKRAINE projects.** Payments to: EGIDIO MONTANARI, IBAN NO. IT59 C030 6901 6021 0000 0061 578; SWIFT CODE: BCITITMMXXX; BANK: SANPAOLO, Filiale 00352, Via Antonio da Messina, 24 – 20146 MILANO (MI) *I have checked and this contact and method of transfer is still working.*

**FOOD BANK BOX** Food received is distributed firstly within the parish and surplus is sent to the food bank at St. Michael's Church Fulwell.

**RICHMOND REFUGEES** Alistair Blunt will address us after Masses 21/22 February. Reflect can you offer accommodation or other help?

**Dementia family Ministry Prayer for 12-19 March 2026** see Redemptorist Publications [www.rpbooks.co.uk](http://www.rpbooks.co.uk) Tel: 01420 88222

#### NEXT WEEKEND'S READINGS

15<sup>th</sup> February

(6<sup>th</sup> Sunday in Ordinary Time,  
Year A)

Eccl 15:15-20; 1 Cor 2:6-10

Matt 5:17-37

#### PARISH INFORMATION

**Fr Stephen Beale FDP, Parochial Administrator**

Parish administrator: Phillippa Chaney, in the office Mon and Fri, 9am-3pm

Parish website (including newsletter: <https://sacredheartteddington.org/>)

Email: [teddington@rcdow.org.uk](mailto:teddington@rcdow.org.uk), Telephone: 020 8977 2986

Bookkeeper: Traci: [teddingtonbk@rcdow.org.uk](mailto:teddingtonbk@rcdow.org.uk) In office: Weds 10.30am-2.30pm

**Safeguarding: Estella Weston** ([teddingtonsg@safeguardrcdow.org.uk](mailto:teddingtonsg@safeguardrcdow.org.uk))

**Mass times:** Sunday: 09.30/11.15am; Mon-Wed, Fri: 9.30am at Sacred Heart or at Sons of Divine Providence Monday to Friday rosary 6.30pm, Mass 6.50pm; **Divine Mercy devotions: First SUNDAY SDP Chapel, 2.30pm-3.30pm** (23 Lower Teddington Rd, Hampton Wick, KT1 4EU)

#### Next week's Mass Intentions

<b>Saturday</b>	7 <sup>th</sup> February	Weekday in Ordinary Time	09.30-11am 6pm	Adoration & Confession Catherine Ridler int; Bob Haig RIP
<b>Sunday</b>	8 <sup>th</sup> February	5 <sup>th</sup> Sunday in Ordinary Time	9.30am 11.15am	Parishioners and benefactors John Dilger RIP
<b>Monday</b>	9 <sup>th</sup> February	Weekday in Ordinary Time	09.30	Special intention
<b>Tuesday</b>	10 <sup>th</sup> February	St Scholastica, Virgin	09.30	Edward Hearne RIP
<b>Wednesday</b>	11 <sup>th</sup> February	Our Lady of Lourdes	9.30am	Rae Joan Dakin RIP
<b>Thursday</b>	12 <sup>th</sup> February	Weekday in Ordinary Time	No Mass	Pray for Card. Nichols / Bishop Moth
<b>Friday</b>	13 <sup>th</sup> February	Weekday in Ordinary Time	09.30am	David Weston RIP anniv
<b>Saturday</b>	14 <sup>th</sup> February	Ss Cyril, monk, Methodius, Bishop	09.30-11am 6pm	No Confession. Pray in narthex area Joaquim & Celina Barreto RIP
<b>Sunday</b>	15 <sup>th</sup> February	6 <sup>th</sup> Sunday in Ordinary Time	9.30am 11.15am	Reynaldo Bautista RIP anniv Parishioners and benefactors