



Sacred Heart Teddington

sacredheartteddington.org

Parish Newsletter



15TH MARCH 2026

4TH SUNDAY OF LENT

LAETARE SUNDAY

MOTHERING SUNDAY

WEEK IV

SCRIPTURE REFLECTION FOR SUNDAY

[...] **And the Lord said, 'Arise, anoint him in the midst of his brothers. And the Spirit of the Lord rushed upon David from that day forward. (1 Samuel 16:1b, 6-7, 10-13a)** Abram and David were called and chosen. Sameul was told to pour oil over David – a sign of being consecrated to the Lord. It smacks of our baptism – first washed clean with water and then anointed with oil which fills us with the Holy Spirit. The candidates to be received at Easter are preparing for an encounter with the Lord. We are all called and chosen by God for something special – not for our looks but because there is a role within the church for each of us. We are also surrounded by the not yet baptised. They are very much a part of us – sharing their goodness, love and talents. Lord, open our minds and hearts to fulfil your will.

POPE LEO XIV PRAYER INTENTION FOR MARCH – For disarmament and peace Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.

THE SACRED HEART PARISH, TEDDINGTON AND HAMPTON WICK and THE SONS OF DIVINE PROVIDENCE NEWS

CHURCH LIFE Another jam-packed week including Lenten theme reflection, St. Paul's College confessions, Alpha, Confirmation retreat at St. Mary's University, the First Scrutinies for our Easter Candidates, the 2nd presentation of the Planned Giving Drive, and then the second group made their First Reconciliation. Plus preparations for Good Friday. Laetare Sunday or "Rejoice" Sunday, marks the midpoint of the Lenten journey. It is a day of joy, hope, and anticipation of the Resurrection. Let us pause and rejoice as journey toward Easter continues.

CONGRATULATIONS and Prayers to all the children who have made their First Reconciliation – well done. Take a moment to recount the day you received this Sacrament, and the spiritual journey you began. Pray for our youth preparing to be Confirmed on 1 May.

THE 2026 WORLD DAY OF PRAYER (MARCH 6): Was prepared by the women of Nigeria. It focused on the theme "I will give you rest, come" based on Matthew 11:28-30. It explored finding spiritual, emotional, and physical rest amidst global struggles, offering a message of peace, hope, and resilience, featuring Nigerian culture. Sunday March 7, Radio 4 Sunday Worship reflected the situation in Rwanda.

CHILDREN'S PLAY AREA: Whilst we love the children playing, please could we encourage quieter time during Mass. We struggle with the microphones sometimes vs good acoustics, and we are all there for Prayer and Spiritual well-being for everyone – thank you kindly.

NEXT BAPTISM PREPARATION EVENING – The next preparation evening will take place in May time – TBC

BIKE FOR SALE: We have received a **FIRST OFFER** for the donated bike **£150** – would anyone else like to offer another amount? Please email Pippa in the office or speak with Fr. Stephen – let's see how much we can raise! Thank you. The money is for the Building Fund.

ALPHA 2026: Week 7 – How does God guide us? The Alpha group has been going very well. It has nearly finished. Pray for participants. If you have not been able to join this time round, please keep an eye for our next Sacred Heart Teddington Alpha – expected Autumn '26!

RCIA: If you are interested in becoming a Catholic, please come forward. We will give you some initial guidance and support. We are taking names for the next RCIA course that is expected to start in September. Candidates please attend Mass & get to know parishioners.

RCIA CATECHISTS NEEDED There will be an opportunity to observe an RCIA course in progress and so train to be RCIA catechists here.

EASTER CANDIDATES FOR RECEPTION This week there will be the scrutinies in preparation for the Big Day. We will be introducing the candidates at the weekend Masses. Please pray for candidates being prepared for Easter Reception – thanks Sr. Kathleen Murphy.

LENTEN CONFESSION Sacred Heart Sunday 22 March 3pm-5pm; St. Francis de Sales Thursday 26 March 7.30 – 8.30pm Do avail of this.

NEXT SECOND COLLECTION: Holy Places (Good Friday) Collection 3 April. Bottom of this newsletter, see p.2 **Friends of the Holy Land**

PARISH FINANCES – Thank you for supporting The Sacred Heart. February S.O. £2,479; Contactless: £505.00; Building Fund Standing Order £685.00; Last Sunday's plate collection £359.35 Please consider making a standing order for your weekly contribution?

GIFT AID claim for the 2024/25 tax year raised £12,491.25. Thank you to all of our gift aiders. If you are a taxpayer and do not already gift aid your donations, please consider it. Gift aid earns an extra 25% for parish. Standing order and gift aid forms are available at the back of the church. Tell your friends! Monthly standing orders are the easiest and most efficient way to support your parish financially.

Thanks to all of you who Gift Aid to the parish or building fund – Gift Aid makes a difference. Ask Traci: teddingtonbk@rcdow.org.uk

PLEDGES We need more pledges for our building fund to help reduce the loan when repayments begin. Pledge and updated gift aid forms are available in the church or contact the parish office. Use BF + Surname & Initials as the reference - all building fund payments.

REMEMBER THE SACRED HEART CHURCH TEDDINGTON BUILDING FUND AS A LEGACY IN YOUR WILL For church's Building Fund and on-going parish maintenance as a legacy in your will. Legacy gifts: legacies@rcdow.org.uk, Info: Laura Dudhee **020 7798 9159**

THE LENTEN PLANNED-GIVING DRIVE: This is the final weekend. Thank you very much for listening patiently to our three talks: Call to Stewardship – Our Parish, Our Responsibility and finally this week My Parish Commitment. We are looking to put the 3 delivered speeches online, and also in a printed form if you wanted a recap on what was spoken about. Please take time and consideration when filling in the green form this weekend. Let our Parish be as strong to ourselves as we are to others that we welcome.

SACRED HEART SCHOOL NURSERY Sacred Heart Nursery has places for up to 26 children aged 3-4 years. Why not come along to our Nursery Stay and Play Sessions or take a tour during February and March. Applications are now open for September 2026, January 2027 intake. Sacred Heart School Nursery offers an excellent teacher-led Early Years provision.

SACRED HEART CHURCH IS OPEN daily 8am-6pm with side ramp access. Please come and Pray in the narthex area. During the cold weather please be mindful to **keep heat in**. Leave outside main door and ramp door open slightly. Keep inner red doors closed. Thanks.

SONS OF DIVINE PROVIDENCE WEEKDAY MASS: Rosary 6.30pm; Mass 6.50pm: free 'on-the-street' car parking after 6.30pm

POPE LEO: MAY WEAPONS FALL SILENT IN IRAN: Pope Leo invited the 15,000 pilgrims gathered in St Peter's Square to pray that "the roar of bombs might cease, that weapons might fall silent, and that a space for dialogue might open, in which the voice of the peoples may be heard." Pope Leo prayed that nations may return to dialogue in order to seek peace. "May diplomacy recover its role and may the good of peoples be promoted, peoples who long for peaceful coexistence founded on justice," he said. "And let us continue to pray for peace."

ARCHBISHOP'S LENTEN APPEAL: As we continue our journey through Lent, thank you to everyone who has already supported the Lenten Appeal. The priorities of the appeal touch the lives of parishioners every day: families seeking support, young people shaping their future, individuals facing difficult circumstances, and parishes responding with care and compassion. This special Appeal provides a meaningful way for people to contribute to our shared work. I invite you to pray, to reflect, and to give as you are able, so that together we may continue this vital work of faith, hope, and love across our diocese: donate in church until 2 April or via www.rcdow.org.uk/LentenAppeal

HIRE THE HALL: If it's for children's birthday parties, Baptism receptions, or a group that you run that you need a larger space for – then please contact Pippa in the office to check availability and pricing. (Saturdays, if available, can currently work 11.30am – 3.30pm)

CAFOD THE BIG LENT WALK Walk 200km in 40 days for life-saving water. See poster or google "The Big Lent Walk. Good walking."

DIOCESAN PILGRIMAGE TO LOURDES Registration for this year's Westminster Diocesan Pilgrimage to Lourdes (17 – 24 July 2026) is now open. Secure your spot by visiting the booking platform here: <https://pilgrimages.rcdow.org.uk/>

CHURCHES TOGETHER IN TEDDINGTON – PRAYER ROTA 15th March Hampton Wick Baptist Church Rev Grantham Wash;

GREG FINN THE MARK 10 MISSION Friday 20th March, 11.00am [join us online to pray the Stations of the Cross](#) for children & students.

THE SUNFLOWER CAFE is a welcoming drop-in session for families of children and young people with Special Educational Needs and/or Disability (SEND) – please see printed poster at the back of the Church.

LENTEN GROUP MEETINGS: theme: **BAPTISM** on Tuesday mornings 10.00 after Mass. Interesting modules & discussions. Please join us.

STATIONS OF THE CROSS: Walk with Jesus and let he with you. Here after Mass **10.00 Wednesdays of Lent & Fridays 6.30pm Don Orione**

SUPPORT THE SONS OF DIVINE PROVIDENCE COMMUNITIES: Helping SDP UKRAINE projects. Payments to: EGIDIO MONTANARI, IBAN NO. IT59 C030 6901 6021 0000 0061 578; SWIFT CODE: BCITITMMXXX; BANK: SANPAOLO, Filiale 00352, Via Antonio da Messina, 24 – 20146 MILANO (MI) *I have checked and this contact and method of transfer is still working.*

FOOD BANK BOX Food received is distributed firstly within the parish and surplus is sent to the food bank at St. Michael's Church Fulwell.

DEMENTIA FAMILY MINISTRY PRAYER FOR 12-19 MARCH 2026 see Redemptorist Publications www.rpbooks.co.uk Tel: 01420 88222

HOLY LAND APPEAL for help please https://5xgf8.r.a.d.sendibm1.com/mk/cl/f/sh/SMK1E8tHeFuBlb5dvKoseDERlaC3/tFcCsFU-n_m1n

AGENCY FOR EVANGELISATION Audios for the Lenten resource are now available online, thanks to the efficient Diocesan

Communications department: <https://rcdow.org.uk/evangelisation/mission-and-discipleship/small-communities/>

Faith Sharing groups may now **hear, as you read** through the <https://soundcloud.com/diocese-westminster/sets/lent-2026-resources>

STABAT MATER CONCERT: As part of a Lenten devotion, on **Wednesday 18 March at 6.45pm in WESTMINSTER CATHEDRAL**, the Cathedral Choir and the Britten Sinfonia will perform a concert of reflection on the ancient Marian hymn, contemplating the sorrow of the Blessed Virgin Mary at the foot of the Cross: **MacMillan's Stabat Mater**, and Vaughan Williams' *Fantasia on a Theme by Thomas Tallis*. As a way of encouraging parishes across the diocese to benefit from this spiritual preparation to the Holy Week, the Cathedral offers an opportunity to buy tickets at a discount of **50%**. Discounted tickets are available in Sections A, B and N at the following link:

<https://www.ticketmaster.co.uk/event/1F00638BCD835BA6?did=50off> Password: **WCSBDO**. The performance will begin with Sir James MacMillan in conversation with Fr Patrick van der Vorst, our Precentor and Founder of Christian Art website.

GREETINGS FROM SHALOM MEDIA Shalom World has prepared this year for families in our diocese, parishes and around the world. We have created a Lenten Page filled with 400+ hand-picked programs — inspiring talks, music, children's stories, heartwarming shows, and reflections for all ages. Completely free for everyone. Shalom world UK promo: https://youtu.be/RF3_aJc2NUc Shalom World lent page shalomworld.org/lent For children (age 6-12) shalomworld.org/lenten-kit

NEXT WEEKEND'S READINGS

22nd March

(5th Sunday of Lent, Year A)

Ezek 37:12-14; Rom 8:8-11

John 11:1-45

PARISH INFORMATION

Fr Stephen Beale FDP, Parochial Administrator

Parish administrator: Phillippa Chaney, in the office Mon and Fri, 9am-3pm

Parish website (including newsletter: <https://sacredheartteddington.org/>)

Email: teddington@rcdow.org.uk, Telephone: 020 8977 2986

Bookkeeper: Traci: teddingtonbk@rcdow.org.uk In office: Weds 10.30am-2.30pm

Safeguarding: Estella Weston (teddingtonsg@safeguardrcdow.org.uk)

Mass times: Sunday: 09.30/11.15am; Mon-Wed, Fri: 9.30am at Sacred Heart or at Sons of Divine Providence Monday to Friday rosary 6.30pm, Mass 6.50pm; Divine Mercy devotions: Every first SUNDAY SDP Chapel, 2.30pm-3.30pm (23 Lower Teddington Rd, Hampton Wick, KT1 4EU)

Next week's Mass Intentions

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| Saturday | 14 th March | Weekday of Lent | 09.30-11am 6pm | Adoration and confession Frances Mazzotta (sick) |
| Sunday | 15 th March | 4 th Sunday of Lent | 9.30am 11.15am | People "Living with Dementia" Parishioners and benefactors |
| Monday | 16 th March | Weekday of Lent | 09.30 | Special intention |
| Tuesday | 17 th March | St Patrick, Bishop | 09.30 | Sr. Josephine Lenahan SP 105 today |
| Wednesday | 18 th March | St Cyril of Jerusalem, Bishop Doctor of the Church | 09.30 | Those living with dementia / cancer |
| Thursday | 19 th March | St Joseph, Spouse of the Blessed Virgin Mary | Mass 6.50pm at Don Orione/SDP | Helena Tumilty RIP |
| Friday | 20 th March | Weekday of Lent | 09.30am | Donor's intention |
| Saturday | 21 st March | Weekday of Lent | 09.30-11am 6pm | Prayer only - in the narthex Donor's intention |
| Sunday | 22 nd March | 5 th Sunday of Lent | 9.30am 11.15am | Parishioners and benefactors Special intention |