



Sacred Heart Teddington

sacredheartteddington.org

Parish Newsletter



22ND MARCH 2026

5TH SUNDAY OF LENT

(CLOCKS GO FORWARD 02.00 A.M. 29TH MARCH)

WEEK I

SCRIPTURE REFLECTION FOR SUNDAY

Those who are in the flesh cannot please God. You however, are not in the flesh but in the Spirit, if in fact the Spirit of God dwells in you. (Romans 8:8-11) Living in the flesh is living a worldly life – it leads us away from God. Ezechiel 37:12-14 says I shall put my Spirit within you, and you shall live [...] This passage alludes to the resurrection at the end of time for those judged worthy. Washed clean of Original Sin at baptism, something still remains of concupiscence or tendency to sin. God calls us close to him through Jesus who sinless, died for sinners. This Alpha course is coming to an end. It speaks about sin and it speaks about the Holy Spirit. We have to choose between good and evil, and we pray that evil throughout the world may be overcome. Holy Spirit show me my sins. May I overcome sin.

POPE LEO XIV PRAYER INTENTION FOR MARCH – For disarmament and peace Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.

THE SACRED HEART PARISH, TEDDINGTON AND HAMPTON WICK and THE SONS OF DIVINE PROVIDENCE NEWS

CHURCH LIFE Firstly I wanted to thank everyone for their time and patience over the last 3 weekends of our planned giving drive. I am sincerely grateful for everyone listening and digesting what has been said by myself and members of the Parish Finance Team. We have also received a lot of help and support from the Diocese, in order to prepare for our weekends, including printing the pamphlet's for us at a slightly lower cost. I encourage you to please take a green pamphlet with you if you were unable to attend last Sunday – if you need any help to complete, please come forward. We will wait for a member of the Diocese Fundraising department to come down and sort through the paper work – just before Easter - this is for two reasons; firstly to give a little extra time for parishioners to complete and return, and secondly so they can record how successful we have been as a community to show our stewardship to our Church. I have great faith that we shall do everything we can to keep things going. The sacrament classes have just completed their second session for FHC – the first being “Belonging to the Church” and the second session “Gathering to give thanks” and next week will be “Celebrating the Liturgy of the Word”. This week is a transitional marker toward Holy Week, often marking the start of “Passiontide.” It shifts the focus from general Lenten penance to a deep, direct reflection on Christ's passion, death, and resurrection, while emphasizing themes of divine mercy, hope, and new life. This Sunday initiates a more intense focus on the sufferings of Christ, often leading to the covering of crosses and statues with purple veils in churches to highlight this solemn time. The Good Friday Walk of Witness starts from St. Mark's Church at 09.45 – let's walk with them to St. Mary's and St. Alban and onwards ... Let us pause and rejoice as journey toward Easter continues.

CHILDREN'S PLAY AREA: Whilst we love the children playing, please could we encourage quieter time during Mass. We struggle with the microphones sometimes vs good acoustics, and we are all there for Prayer and Spiritual well-being for everyone – thank you kindly.

NEXT BAPTISM PREPARATION EVENING – The next preparation evening will take place in May time – TBC

BIKE FOR SALE: We have received a **FIRST OFFER** for the donated bike **£150** – would anyone else like to offer another amount? Please email Pippa in the office or speak with Fr. Stephen – let's see how much we can raise! Thank you. The money is for the Building Fund.

ALPHA 2026: Week 8 – How can I resist evil? We also had Alpha's Holy Spirit Day on Saturday – thank you for all the organising and the spiritual wellbeing – it was thoroughly enjoyed by all. Please continue to Pray for all involved.

RCIA: If you are interested in becoming a Catholic, please come forward. We will give you some initial guidance and support. We are taking names for the next RCIA course that is expected to start in September. Candidates please attend Mass & get to know parishioners.

RCIA CATECHISTS NEEDED There will be an opportunity to observe an RCIA course in progress and so train to be RCIA catechists here.

EASTER CANDIDATES FOR RECEPTION This week there will be the scrutinies in preparation for the Big Day. We will be introducing the candidates at the weekend Masses. Please pray for candidates being prepared for Easter Reception – thanks Sr. Kathleen Murphy.

LENTEN CONFESSION TODAY Sacred Heart Sunday 22nd (TODAY) 3pm-5pm; St. Francis de Sales Thursday 26 March 7.30–8.30pm.

NEXT SECOND COLLECTION: Holy Places (Good Friday) Collection 3 April. Bottom of this newsletter, see p.2 **Friends of the Holy Land**

PARISH FINANCES – Thank you for supporting The Sacred Heart. February S.O. £2,479; Contactless: £505.00; Building Fund Standing Order £685.00; Last Sunday's plate collection £374.83 Please consider making a standing order for your weekly contribution?

GIFT AID claim for the 2024/25 tax year raised £12,491.25. Thank you to all of our gift aiders. If you are a taxpayer and do not already gift aid your donations, please consider it. Gift aid earns an extra 25% for parish. Standing order and gift aid forms are available at the back of the church. Tell your friends! Monthly standing orders are the easiest and most efficient way to support your parish financially. Thanks to all of you who Gift Aid to the parish or building fund – Gift Aid makes a difference. Ask Traci: teddingtonbk@rcdow.org.uk

PLEDGES We need more pledges for our building fund to help reduce the loan when repayments begin. Pledge and updated gift aid forms are available in the church or contact the parish office. Use BF + Surname & Initials as the reference - all building fund payments.

REMEMBER THE SACRED HEART CHURCH TEDDINGTON BUILDING FUND AS A LEGACY IN YOUR WILL For church's Building Fund and on-going parish maintenance as a legacy in your will. Legacy gifts: legacies@rcdow.org.uk, Info: Laura Dudhee 020 7798 9159

SACRED HEART SCHOOL NURSERY Sacred Heart Nursery has places for up to 26 children aged 3-4 years. Why not come along to our Nursery Stay and Play Sessions or take a tour during February and March. Applications are now open for September 2026, January 2027 intake. Sacred Heart School Nursery offers an excellent teacher-led Early Years provision.

SACRED HEART CHURCH IS OPEN daily 8am-6pm with side ramp access. Please come and Pray in the narthex area. During the cold weather please be mindful to **keep heat in**. Leave outside main door and ramp door open slightly. Keep inner red doors closed. Thanks.

SONS OF DIVINE PROVIDENCE WEEKDAY MASS: Rosary 6.30pm; Mass 6.50pm; free 'on-the-street' car parking after 6.30pm

CHURCHES TOGETHER IN TEDDINGTON at The Triangle : THE PROCESSIONS OF WITNESS - GOOD FRIDAY: 3 April 2026 The PROCESSIONS OF WITNESS will move off 1a) at 10.00 a.m. from St Francis de Sales to walk along Princes Road and Stanley Road to meet. b) at 10.10 a.m. from the junction of Wilcox Road and Stanley Road along Stanley Road. 2a) **09.45 from St. Mark's** for 10.00 a.m. departure from St Mary with St Alban. The two processions will join up on 'the green triangle' opposite the Hospital for The UNITED SERVICE at 10.30 a.m. and representatives of various local congregations will contribute to it. The VIGIL will be maintained at the foot of the Cross from the end of the service until 3.00 p.m. Congregations are asked to be responsible for keeping a continuing vigil in silence as follows: 11.00 - 11.30 St Mary with St Alban. 11.30 to 12.00 St Francis de Sales. 12.00 to 12.30 Teddington Baptist Church. 12.30 to 1.00 Salvation Army. 1.00 to 1.30 St Mark's, St Michael's Fulwell. **1.30 to 2.00 Sacred Heart.** 2.00 to 2.30 Methodist Church, St John's Hampton Wick. 2.30 to 3.00 Methodist Church. Please keep the vigil in SILENCE. Representatives are asked to encourage members of their congregations to make this a corporate act of witness for Christ, and to remind them that they can join / leave the vigil at any time between the end of the service & 3p.m.

WINTERSHALL PASSION OF JESUS GOOD FRIDAY APRIL 3RD Trafalgar Square Free performances at 12pm and 3.15pm. A dramatic presentation of the Passion of Jesus which should not be missed. Get there early to get the best views in Trafalgar Square. Come prepared to sit on the ground in whatever the weather may be. You won't regret witnessing this extraordinary event. For those who cannot get to the Square it is also livestreamed: <https://www.wintershall.org.uk/event/the-passion-of-jesus-2026/>

ARCHBISHOP'S LENTEN APPEAL: As we continue our journey through Lent, thank you to everyone who has already supported the Lenten Appeal. The priorities of the appeal touch the lives of parishioners every day: families seeking support, young people shaping their future, individuals facing difficult circumstances, and parishes responding with care and compassion. This special Appeal provides a meaningful way for people to contribute to our shared work. I invite you to pray, to reflect, and to give as you are able, so that together we may continue this vital work of faith, hope, and love across our diocese: donate in church until 2 April or via www.rcdow.org.uk/LentenAppeal

HIRE THE HALL: If it's for children's birthday parties, Baptism receptions, or a group that you run that you need a larger space for – then please contact Pippa in the office to check availability and pricing. (Saturdays, if available, can currently work 11.30am – 3.30pm)

DIOCESAN PILGRIMAGE TO LOURDES Registration for this year's Westminster Diocesan Pilgrimage to Lourdes (17 – 24 July 2026) is now open. Secure your spot by visiting the booking platform here: <https://pilgrimages.rcdow.org.uk/>

THE SUNFLOWER CAFE is a welcoming drop-in session for families of children and young people with Special Educational Needs and/or Disability (SEND) – please see printed poster at the back of the Church.

STATIONS OF THE CROSS: Walk with Jesus and let he with you. Here after Mass **10.00 Wednesdays of Lent & Fridays 6.30pm Don Orione**

SUPPORT THE SONS OF DIVINE PROVIDENCE COMMUNITIES: Helping SDP UKRAINE projects. Payments to: EGIDIO MONTANARI, IBAN NO. IT59 C030 6901 6021 0000 0061 578; SWIFT CODE: BCITITMMXXX; BANK: SANPAOLO, Filiale 00352, Via Antonio da Messina, 24 – 20146 MILANO (MI) *I have checked and this contact and method of transfer is still working.*

FOOD BANK BOX Food received is distributed firstly within the parish and surplus is sent to the food bank at St. Michael's Church Fulwell.

HOLY LAND APPEAL for help please <https://5xgf8.r.a.d.sendibm1.com/mk/cl/f/sh/SMK1E8tHeFuBlb5dvKoseDERlaC3/tFCcSFUn-m1n>

AGENCY FOR EVANGELISATION Audios for the Lenten resource are now available online, thanks to the efficient Diocesan Communications department: <https://rcdow.org.uk/evangelisation/mission-and-discipleship/small-communities/>

Faith Sharing groups may now **hear, as you read** through the <https://soundcloud.com/diocese-westminster/sets/len-2026-resources> <https://www.ticketmaster.co.uk/event/1F00638BCD835BA6?did=50off> Password: **WCSBDO**. The performance will begin with Sir James MacMillan in conversation with Fr Patrick van der Vorst, our Precentor and Founder of [Christian Art](http://ChristianArt.com) website.

GREETINGS FROM SHALOM MEDIA Shalom World has prepared this year for families in our diocese, parishes and around the world. We have created a Lenten Page filled with 400+ hand-picked programs — inspiring talks, music, children's stories, heartwarming shows, and reflections for all ages. Completely free for everyone. Shalom world UK promo: https://youtu.be/RF3_aJc2NUc Shalom World lent page shalomworld.org/len For children (age 6-12) shalomworld.org/len-Kit

NEXT WEEKEND'S READINGS

22nd March

(Palm Sunday of the Passion of the Lord, Year A)

Isa 50:4-7; Phil 2:6-11

Matt 26:14-27:66

PARISH INFORMATION

Fr Stephen Beale FDP, Parochial Administrator

Parish administrator: Phillippa Chaney, in the office Mon and Fri, 9am-3pm

Parish website (including newsletter: <https://sacredheartteddington.org/>)

Email: teddington@rcdow.org.uk, Telephone: 020 8977 2986

Bookkeeper: Traci: teddingtonbk@rcdow.org.uk In office: Weds 10.30am-2.30pm

Safeguarding: Estella Weston (teddingtonsg@safeguardrcdow.org.uk)

Mass times: Sunday: 09.30/11.15am; Mon-Wed, Fri: 9.30am at Sacred Heart or at Sons of Divine Providence Monday to Friday rosary 6.30pm, Mass 6.50pm; **Divine Mercy devotions: Every first SUNDAY SDP Chapel, 2.30pm-3.30pm (23 Lower Teddington Rd, Hampton Wick, KT1 4EU)**

Next week's Mass Intentions

Saturday	21 st March	Weekday of Lent	09.30-11am 6pm	Prayer only - in the narthex Donor's intention
Sunday	22 nd March	5 th Sunday of Lent	9.30am 11.15am	Parishioners and benefactors Special intention
Monday	23 rd March	St Cyril of Jerusalem, Bishop Doctor of the Church	09.30	John Henry Jones RIP
Tuesday	24 th March	Weekday of Lent	09.30	Marie Coyne RIP 1st anniv
Wednesday	25 th March	Solemnity of the Annunciation of the Lord	09.30 here 6.50pm SDP	Frederick Ridler RIP
Thursday	26 th March	Weekday of Lent	Mass 6.50pm at Don Orione/SDP	Donor's intention
Friday	27 th March	Weekday of Lent	09.30am	Donor's intention
Saturday	28 th March	Weekday of Lent	09.30-11am 6pm	Adoration and confession Donor's intention
Sunday	29 th March	Palm Sunday of the Passion of the Lord	9.30am 11.15am	Matthew Reilly RIP 35th anniv Parishioners and benefactors