



Sacred Heart Teddington

sacredheartteddington.org

Parish Newsletter



1ST NOVEMBER 2026

ALL SAINTS

(2ND NOV - ALL SOULS & PADRE PIO READING GROUP)

PSALTER WEEK III

SCRIPTURE REFLECTION FOR SUNDAY

'Salvation belongs to our God who sits on the throne, and to the Lamb!' [...] Who are these, clothed in white robes, and from where have they come?' [...] 'These are the ones coming out of the great tribulation. They have washed their robes and made them white in the blood of the Lamb.' (Rev 7:2-4, 9-14) St. John says "everyone who hopes in God purifies himself and is pure." Jesus is the One who will judge the world at the end of time. We do not know when that will be. As in the times of the Roman Empire, we struggle today with consumerism, materialism and sexual immorality. It's not easy for anyone, but also, it's not impossible. Some will struggle more than others. We need to put our faith, hope and trust in God, knowing he will carry us and lead us into heaven. Purity... holiness...

POPE LEO XIV PRAYER INTENTION FOR NOVEMBER – For the proper use of wealth. Let's pray for the proper use of wealth, that not succumbing to the temptation of selfishness, it may always be put at the service the common good and solidarity of those who have less.

THE SACRED HEART PARISH, TEDDINGTON AND HAMPTON WICK and THE SONS OF DIVINE PROVIDENCE NEWS

A WARM WELCOME TO THE SACRED HEART CHURCH: Come and enjoy our Masses and be part of our community. If you have any questions, feel free to speak to our Parishioners or myself after Mass. Join us for tea/coffee/chatting after weekend Masses.

NARTHEX OPENING TIMES FOR PRAYER: Weekdays: Mon, Tues & Fri 8am–10am & 3pm–6pm. Weds & Thurs & weekend 8am–6pm.

INTRODUCING TAMESIS YOGA AT SACRED HEART CHURCH HALL SPACE: Let me introduce myself: I'm Aleksandra, a certified yoga teacher based here in Teddington with 15 years of personal practice and a background in arts facilitation, theatre direction, coaching and movement. I teach classes that are warm, require no prior experience and aim to leave you feeling energised, grounded and connected. **Starting this November,** I'll be offering candlelight yoga classes at the hall attached to the Sacred Heart Church. Classes will run in the morning, with slower grounding flows to ease into the day and more active sessions to energise the body and build strength. **Wednesdays:** 7:45am – 8:30am Gentle Rise & Flow (45 min) & 10:00am – 10:55am — The core & cardio (55 min)

Fridays: 8:30am – 9:20am — Sunrise Sculpt & Flow (50 min). Please see poster at the front of the Church for full details.

I want to shape these classes to serve the community, so please get in touch if you have thoughts on timings, style, or what you'd love to see. All feedback welcome at tamesisyoga@gmail.com

ADULT ART CLASSES SACRED HEART: Would you love to learn to draw and paint, develop your existing skills, or return to art after time away? Local artist and experienced tutor *Anna Tikhomirova* will teach across drawing, watercolour, acrylics, oils and mixed media, with an emphasis on observation, proportion, tone, colour and composition. You will work on carefully chosen projects while developing the skills and confidence to work increasingly independently. Classes are being held on Monday evenings, 6.30pm to 9.30pm or Tuesday mornings, 10am to 1pm **starting Monday 2nd November**. It is £25 per three-hour session, and beginners and more experienced artists are equally welcome. For more details, please visit: classes@annie-domini.com and click on "art tuition".

FIRST RECONCILIATION & FIRST HOLY COMMUNION 2027: Please start thinking about this Sacrament if your Child/ren are in the current Yr 3 class or above – start date Jan 2027 Date TBC. Closing date Mon 7th Dec 26. Please contact Pippa teddington@rcdow.org.uk

CONFIRMATION 2027: If your child/ren are in the current Yr 9 at Secondary School, please speak with them/friends about this third important Sacrament - start date Jan 2027 Date TBC. Please contact Pippa teddington@rcdow.org.uk

PADRE PIO FIRST MONDAY READING GROUP: November 2nd Reading group starts 6.30pm followed by Mass 7.30pm for All Souls.

HIRE THE HALL: Please contact the office to check availability and pricing. Good for films, café setting, have a meal together, meetings ...

SACRED HEART NURSERY/PRIMARY AND JUNIOR SCHOOL: Sacred Heart School is a wonderfully-unique, one-form entry Catholic Primary school in the heart of Teddington. We serve all the Catholic parishes in the area and also welcome families of other faiths and none. We would be delighted to show you around our school. We have 30 places in Reception and 26 places in our Nursery. There are a few vacancies in specific year groups if you have older children who require an in-year school place. School office tel: **020 8977 6591**

UP & COMING 2ND COLLECTIONS: Next week: **The Sons of Divine Providence World Missions 8th November.**

Sick and Retired Priests 15th November. Youth Service 22nd November. Missionary Orders Annual Appeal - The Spiritans 6th Dec.

PARISH FINANCES: Thank you for supporting **The Sacred Heart September** S.O. £4,367.00; Contactless: £315.00; Building Fund £5190.00; Standing Order £890.00; Last Sunday plate collection £266.55 Pls consider a standing order for your weekly contribution?

PLEDGES We need more pledges for our building fund to help reduce the loan when repayments begin. Pledge and updated gift aid forms are available in the church or contact the parish office. Use BF + Surname & Initials as the reference - all building fund payments.

GIFT AID claim for the 2025/26 tax year raised £14,992.11 in total, of which £7,252.50 is Gift Aid received on building fund donations and allocated accordingly. Thank you to all of our gift aiders. If you are a taxpayer and do not already gift aid your donations, please consider it. Gift aid earns an extra 25% for parish. Standing order and gift aid forms are available at the back of the church. Tell your friends! Monthly standing orders are the easiest and most efficient way to support your parish financially. Thanks to all of you who Gift Aid to the parish or building fund – Gift Aid makes a difference. Ask Juste: teddingtonbk@rcdow.org.uk

REMEMBER THE SACRED HEART CHURCH TEDDINGTON BUILDING FUND AS A LEGACY IN YOUR WILL: For the Building Fund and on-going parish maintenance as a legacy in your will. Legacy gifts: legacies@rcdow.org.uk, Info: Laura Dudhee **020 7798 9159**

THE SONS OF DIVINE PROVIDENCE MASS TIMES No weekday Masses 4 -13 November. Normal Mass times at The Sacred Heart parish.

POPE LEO: Pope at Angelus: Love for God must overflow into love for others. A personal relationship with God. It is not enough, the Pope said, simply to acknowledge that God exists, that He is the only God, or that He is almighty. "The Lord seeks a personal relationship with us: the one true God wants to become our God", said the Pope. Within this encounter, the commandment to love is neither an obligation nor an imposition, since "one cannot love 'on command'". "Rather, Pope Leo continued, love for God is the deepest expression of human desire, which finds fulfilment in communion with Him. Our love becomes authentic when it responds to God's love, "which always precedes us". That response calls for a commitment involving the whole person: heart, soul and mind.

KING BESTOWS HONOUR ON POPE AFTER HISTORIC ROME MEETING: Pope Leo XIV's appointment as Papal Confrater of St George's Chapel, Windsor is "symbol of hope", says Archbishop of Westminster. Archbishop Richard Moth, Archbishop of Westminster and President of the Catholic Bishops' Conference of England and Wales has welcomed the news that Pope Leo XIV has been named a Papal Confrater of St George's Chapel in Windsor Castle. The appointment, which was made with the approval of King Charles III, was announced by the Dean and Canons of Windsor on Friday, 23 October, on the first anniversary of the historic State Visit to the Holy See, during which the King was welcomed as Royal Confrater of the Papal Basilica and Abbey of St. Paul's Outside the Walls, in Rome.

NOVEMBER – MONTH OF HOLY SOULS: drawing close in prayer, our family, friends and loved ones who have gone before us. The Holy Souls sheets and envelopes are available in the large basket at the front of the Church; please write all the names you wish to be remembered. Place your offering inside the envelope and then place at the front of the Altar for remembrance in our daily Mass/prayers.

CHURCHES TOGETHER IN TEDDINGTON – PRAYER ROTA: 1st Nov St Francis de Sales, Rev Shaun Church; 8th Tedd'n Methodist Church

CARITAS WESTMINSTER – UPCOMING EVENTS: Over the next few weeks, Caritas Westminster will be hosting a number of events open to parishioners, volunteers and anyone interested in learning more about how we can support and welcome people in our communities.

"It Does Matter" – An Online Session with the Caritas Deaf Service **10 November 7.00–8.00pm** Online Inspired by RNID's (Royal National Institute for Deaf People) It Does Matter report, this session will explore the experiences of Deaf, Deafblind and hard of hearing people, the barriers they can face, and practical ways we can make our churches more welcoming, accessible and inclusive. **To register, sign up here** - <https://caritaswestminster.org.uk/event/it-does-matter-online-session-with-the-deaf-service/>

Beyond the Surface: Understanding Trauma 18 November 7.00–9.30pm Online An accessible and practical session (led by Nikki Dhillon Keane, Head of Caritas Hope and BACP-accredited therapist) exploring how trauma can affect people's experiences and behaviour, and how we can respond in ways that promote safety, dignity and trust. Particularly useful for those volunteering in foodbanks, homelessness projects and other community settings, this session is open to all. To register, sign up here- caritaswestminster.org.uk/event/beyond-the-surface-understanding-trauma/

Caritas Advent Giving Calendar Sr. Silvana notes: in previous years **Sacred Heart** has taken part in the Caritas Advent Giving Calendar. This enables parish communities to have an Advent focus on helping others, through collecting items (food, toiletries, cleaning products, festive treats) to donate to a local project. More details, and registration here – [Caritas Advent Giving Calendar: One day at a time - Caritas Westminster](#) There is an on-line introduction Tuesday 3 November 7pm-8pm. **Coordinator needed.**

ANTI-SLAVERY DAY: PREVENTION BEGINS IN COMMUNITIES Preventing slavery and human trafficking means building stronger, more resilient communities and supporting the frontline organisations working to protect people from exploitation. At Arise, we work alongside local partners to strengthen their capacity, sustainability and impact. Through mentoring, training and collaboration, we support frontline groups to respond to the needs of their communities and develop long-term solutions to human trafficking. Following Anti-Slavery Day, we invite you to learn more, share these stories and help bring greater attention to the work being done to protect people from exploitation. With gratitude, **The Arise team** Arise Foundation info@arise.foundation Go on-line re-**Nigeria slavery** topic.

EUCCHARISTIC HEALING SERVICE: Friday 6th Nov @ 7.00pm – St Mary's University Chapel – please see poster on front table.

A DAY WITH MARY: Is taking place at Westminster Cathedral on Saturday 7 November 2026 (9.45am to 5.00pm). Archbishop Richard Moth, of Westminster will be the Celebrant & Preacher at 10.30am Cathedral Mass on that day. <https://www.adaywithmary.org/>

CARITAS WESTMINSTER Wanted: a teenage and/or adult Caritas Ambassador Rep for Sacred Heart Church Teddington. The idea is to look around & discern what are the local groups in society needing help – then to drum up support... Interested? See Fr. Stephen **Thanks to the parishioner showing interest. I will enquire if the bucket list items could be a part of this initiative in & around Teddington.**

DIVINE RENOVATION UPDATE From Maintenance to Mission ... we are leaving building works behind ... Our Sacred Heart Teddington mission is outreach in the locality & further afield. It includes involving parishioners to achieve my bucket list for social activities. Thanks.

NEXT WEEKEND'S READINGS 8th November (32 nd Sunday in Ordinary Time, Year A)		PARISH INFORMATION Fr Stephen Beale FDP, Parochial Administrator <i>Parish administrator:</i> Phillippa Chaney, in the office Mon and Fri, 9am-3pm <i>Parish website</i> (including newsletter: https://sacredheartteddington.org/) <i>Email:</i> teddington@rcdow.org.uk , Telephone: 020 8977 2986 <i>Bookkeeper:</i> Juste: teddingtonbk@rcdow.org.uk In office: Tuesdays 10.30am-2.30pm Safeguarding: Estella Weston (teddingtonsg@safeguardrcdow.org.uk) Mass times: Sunday: 09.30/11.15am; Mon-Wed, Fri: 9.30am at Sacred Heart or at Sons of Divine Providence Monday to Friday rosary 6.30pm, Mass 6.50pm; Divine Mercy Sunday devotions: This Sunday @ SDP Chapel, 2.30pm-3.30pm (23 Lower Teddington Rd, Hampton Wick, KT1 4EU)		
Next week's Mass Intentions				
Saturday	31 st Oct	Weekday in Ordinary Time Saturday memorial the Blessed Virgin Mary;	9.30-11.00am 6pm	Holy Hour and confessions Peace in families and in the world
Sunday	1 st Nov	All Saints	09.30am 11.15am	Parishioners and benefactors Holy Souls
Monday	2 nd Nov	The Commemoration of All the Faithful Departed (All Souls)	09.30am 7.30pm	Denis Carey RIP Pope Leo int. & Holy Souls
Tuesday	3 rd Nov	St Martin de Porres, Religious; St Winefride, Virgin	09.30am	Special intention
Wednesday	4 th Nov	St Charles Borromeo, Bishop	09.30am	Siobhan Macaughy RIP anniv
Thursday	5 th Nov	Thursday of week 31 in Ordinary Time	No Mass	Deceased members of FDP & LMSC
Friday	6 th Nov	Weekday in Ordinary Time	09.30am	Caroline Kennedy RIP
Saturday	7 th Nov	St Willibrord, Bishop, Saturday memorial of the Blessed Virgin Mary	NO HOLY HOUR 6pm	NO HOLY HOUR Bob Campbell RIP anniv
Sunday	8 th Nov	32 nd Sunday in Ordinary Time	09.30am 11.15am	Parishioners and benefactors The War Dead