



Sacred Heart Teddington

sacredheartteddington.org

Parish Newsletter



25 OCTOBER 2026

30TH SUNDAY IN ORDINARY TIME

PSALTER WEEK II

SCRIPTURE REFLECTION FOR SUNDAY

'Teacher, which is the great commandment in the law?' Jesus said to him, 'You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the first commandment. A second [...] You shall love your neighbour as yourself. On these two depend all the Law and the Prophets.' (Matt 22:34-40) The Jewish people repeat daily "Hear O Israel, the Lord your God ..." Jesus' hearers understood well what Jesus said, and we from the 10 Commandments understand very well, plus the loving God and our neighbour as ourselves. It's not always easy to love unconditionally as Jesus teaches us to, but we have been forgiven many times and we can forgive many times, with humility and from the heart. God's grace enables this. Lord help me love, you, me, other.

POPE LEO XIV PRAYER INTENTION FOR OCTOBER – For mental health ministry. Let us pray that the mental health ministry be established throughout the Church, helping to overcome the stigma and discrimination of persons with mental illnesses.

THE SACRED HEART PARISH, TEDDINGTON AND HAMPTON WICK and THE SONS OF DIVINE PROVIDENCE NEWS

A WARM WELCOME TO THE SACRED HEART CHURCH: Come and enjoy our Masses and be part of our community. If you have any questions, feel free to speak to our Parishioners or myself after Mass. Join us for tea/coffee/chatting after weekend Masses.

NARTHEX OPENING TIMES FOR PRAYER: Weekdays: Mon, Tues & Fri 8am–10am & 3pm–6pm. Weds & Thurs & weekend 8am–6pm.

COMING SOON TO SACRED HEART — NEW ADULT ART CLASSES: Would you love to learn to draw and paint, develop your existing skills, or return to art after time away? Local artist and experienced tutor *Anna Tikhomirova* will teach across drawing, watercolour, acrylics, oils and mixed media, with an emphasis on observation, proportion, tone, colour and composition. You will work on carefully chosen projects while developing the skills and confidence to work increasingly independently. Classes are being held on Monday evenings, 6.30pm to 9.30pm or Tuesday mornings, 10am to 1pm **starting** Monday 2nd November. It is £25 per three-hour session, and beginners and more experienced artists are equally welcome. For more details, please visit: annie-domini.com and click on "art tuition".

FIRST RECONCILIATION & FIRST HOLY COMMUNION 2027: Please start thinking about this Sacrament if your Child/ren are in the current Yr 3 class or above – start date Jan 2027 Date TBC. Closing date Mon 7th Dec 26. Please contact Pippa teddington@rcdow.org.uk

CONFIRMATION 2027: If your child/ren are in the current Yr 9 at Secondary School, please speak with them/friends about this third important Sacrament - start date Jan 2027 Date TBC. Please contact Pippa teddington@rcdow.org.uk

PADRE PIO FIRST MONDAY READING GROUPS: November 2nd 6.30pm followed by Mass 7.30pm for All Souls.

HIRE THE HALL: Please contact the office to check availability and pricing. Good for films, café setting, have a meal together, meetings ...

SACRED HEART NURSERY/PRIMARY AND JUNIOR SCHOOL: Sacred Heart School is a wonderfully-unique, one-form entry Catholic Primary school in the heart of Teddington. We serve all the Catholic parishes in the area and also welcome families of other faiths and none. We would be delighted to show you around our school. We have 30 places in Reception and 26 places in our Nursery. There are a few vacancies in specific year groups if you have older children who require an in-year school place. School office tel: **020 8977 6591**

UP & COMING 2ND COLLECTIONS: **Next up:** The Sons of Divine Providence World Missions 8th November. Sick and Retired Priests 15th November. Youth Service 22nd November. Missionary Orders Annual Appeal - The Spiritans 6th Dec.

LAST WEEK'S COLLECTION: 100th World Mission Sunday raised £184.17 Thanks for your support.

PARISH FINANCES: Thank you for supporting The Sacred Heart September S.O. £4,367.00; Contactless: £315.00; Building Fund £5190.00; Standing Order £890.00; Last Sunday plate collection £266.55 Pls consider a standing order for your weekly contribution?

PLEDGES We need more pledges for our building fund to help reduce the loan when repayments begin. Pledge and updated gift aid forms are available in the church or contact the parish office. Use BF + Surname & Initials as the reference - all building fund payments.

GIFT AID claim for the 2025/26 tax year raised £14,992.11 in total, of which £7,252.50 is Gift Aid received on building fund donations and allocated accordingly. Thank you to all of our gift aiders. If you are a taxpayer and do not already gift aid your donations, please consider it. Gift aid earns an extra 25% for parish. Standing order and gift aid forms are available at the back of the church. Tell your friends! Monthly standing orders are the easiest and most efficient way to support your parish financially. Thanks to all of you who Gift Aid to the parish or building fund – Gift Aid makes a difference. Ask Juste: teddingtonbk@rcdow.org.uk

REMEMBER THE SACRED HEART CHURCH TEDDINGTON BUILDING FUND AS A LEGACY IN YOUR WILL: For the Building Fund and on-going parish maintenance as a legacy in your will. Legacy gifts: legacies@rcdow.org.uk, Info: Laura Dudhee **020 7798 9159**

HWA HAMPTON WICK HIGH STREET HALLOWEEN TRAIL 2026: 26th October - 31st October Spooky fun for everyone!

Grab your Halloween Trail Map and explore Hampton Wick High Street this half-term! Show your Trail Map at participating shops, cafes and pubs to collect the Magic Envelopes containing stickers, jokes, tricks and Hidden Letter clues. Complete the challenges for your chance to win a **£60 Family Cinema Voucher!** One Magic Envelope – and only one! – will contain the Pumpkin King's Golden Ticket. Find this and you'll win a **GIANT chocolate bar**. Complete the Trail any time during half-term week (26th to 31st October). You don't have to do the whole trail in one go, and there's no need to buy anything at any of the stops. Entrance costs £3 per Trail Map – share one between the family, or get one for each of the children – the choice is yours. Visit <https://www.hamptonwick.org.uk> to register.

THE SONS OF DIVINE PROVIDENCE MASS TIMES No weekday Masses 2-13 November. Normal Mass times at The Sacred Heart parish.

POPE LEO: Pope at Angelus: ‘I have truly felt your support” Pope Leo XIV thanked doctors, nurses, and staff at the Gemelli Hospital for their care during his recent hospitalization and expressed gratitude “to all those who have prayed for me over these past few days”. “This experience has allowed me to feel, in a particular way, a closeness to all those who are living through illness or a state of infirmity”.

OCTOBER WEEK OF PRAYER FOR WORLD PEACE, POPE LEO WROTE: "There exists a martyrdom of those who offer their lives in a single moment, and the more hidden martyrdom of those who give their lives day after day. This is exactly what all Christians are called to do: to give our lives with love, every day." "Our age needs men and women who have the courage to do good even when it comes at a cost. Draw close to those who are alone, support those who are weary, and seek out those who have drifted away. Have the courage to forgive, to begin again, and to engage in dialogue." "Doing good does not always receive recognition and often requires effort, but this is the daily courage of charity. Friendship with Jesus Christ gives us the strength to live this way." -Pope Leo XIV

THE MONTH OF THE ROSARY: Specifically, October, is dedicated to the Holy Rosary and Mary, the Queen of the Rosary. This month was established by the Church to encourage individuals and families to pray the Rosary daily for peace and protection. The tradition dates back to the Battle of Lepanto in 1571, where the Rosary was prayed for victory, and the Church recognized its intercession with the Virgin Mary. The feast of the Holy Rosary is celebrated on October 7th, marking the anniversary of this victory. At the weekend, Pope Leo prayed the rosary with some children in the Vatican gardens and with many more united at the same time around the world. Pray: **World Peace**

NOVEMBER – MONTH OF HOLY SOULS: drawing close in prayer, our family, friends and loved ones who have gone before us. The Holy Souls sheets and envelopes are available in the large basket at the front of the Church; please write all the names you wish to be remembered. and place your offering inside the envelope. Then place at the front of the Altar for remembrance in our daily Mass/prayers.

CARITAS WESTMINSTER – UPCOMING EVENTS: Over the next few weeks, Caritas Westminster will be hosting a number of events open to parishioners, volunteers and anyone interested in learning more about how we can support and welcome people in our communities.

“It Does Matter” – An Online Session with the Caritas Deaf Service **10 November 7.00–8.00pm** Online Inspired by RNID’s (Royal National Institute for Deaf People) It Does Matter report, this session will explore the experiences of Deaf, Deafblind and hard of hearing people, the barriers they can face, and practical ways we can make our churches more welcoming, accessible and inclusive. **To register, sign up here** - <https://caritaswestminster.org.uk/event/it-does-matter-online-session-with-the-deaf-service/>

Beyond the Surface: Understanding Trauma 18 November 7.00–9.30pm Online An accessible and practical session (led by Nikki Dhillon Keane, Head of Caritas Hope and BACP-accredited therapist) exploring how trauma can affect people’s experiences and behaviour, and how we can respond in ways that promote safety, dignity and trust. Particularly useful for those volunteering in foodbanks, homelessness projects and other community settings, this session is open to all. To register, sign up here- caritaswestminster.org.uk/event/beyond-the-surface-understanding-trauma/

Caritas Advent Giving Calendar Sr. Silvana notes: in previous years **Sacred Heart** has taken part in the Caritas Advent Giving Calendar. This enables parish communities to have an Advent focus on helping others, through collecting items (food, toiletries, cleaning products, festive treats) to donate to a local project. More details, and registration here – [Caritas Advent Giving Calendar: One day at a time - Caritas Westminster](#) There is an on-line introduction Tuesday 3 November 7pm-8pm. **Coordinator needed.**

EUCCHARISTIC HEALING SERVICE: Friday 6th Nov @ 7.00pm – St Mary’s University Chapel – please see poster on front table.

A DAY WITH MARY: Is taking place at Westminster Cathedral on Saturday 7 November 2026 (9.45am to 5.00pm). Archbishop Richard Moth, of Westminster will be the Celebrant & Preacher at 10.30am Cathedral Mass on that day. <https://www.adaywithmary.org/>

CARITAS WESTMINSTER Wanted: a teenage and/or adult Caritas Ambassador Rep for Sacred Heart Church Teddington. The idea is to look around & discern what are the local groups in society needing help – then to drum up support... Interested? See Fr. Stephen

CHURCHES TOGETHER IN TEDDINGTON – PRAYER ROTA: **25th Oct** St Mary with St Alban, Rev David Cloake; **1st Nov** St Francis de Sales Church Rev Shaun Church; **8th Nov** Teddington Methodist Church; Rev David Innes; **15th** Sacred Heart Church – Fr. Stephen Beale

DIVINE RENOVATION UPDATE From Maintenance to Mission ... we are leaving building works behind ... Our Sacred Heart Teddington mission is outreach in the locality & further afield. It includes involving parishioners to achieve my bucket list for social activities. Thanks.

WHITTON NEURO HUB: The drop-in sessions are for people living with neurological conditions, including MS, stroke and Parkinson’s, as well as their carers and families. They provide an opportunity to meet local specialists and organisations, find information and support, and take part in taster sessions focused on areas such as physical activity, nutrition and wellbeing. The sessions are held every Wednesday in October, 10.00am–11.30am, and are free to attend with no booking required. **Please note this will be the last week.**

NEXT WEEKEND’S READINGS 1st November (All Saints, Year A) Rev 7:2-4, 9-14; 1 John 3:1-3 Matt 5:1-12a		PARISH INFORMATION Fr Stephen Beale FDP, Parochial Administrator <i>Parish administrator:</i> Philippa Chaney, in the office Mon and Fri, 9am-3pm <i>Parish website</i> (including newsletter: https://sacredheartteddington.org/) <i>Email:</i> teddington@rcdow.org.uk , Telephone: 020 8977 2986 <i>Bookkeeper:</i> Juste: teddingtonbk@rcdow.org.uk In office: Tuesdays 10.30am-2.30pm Safeguarding: Estella Weston (teddingtonsg@safeguardrcdow.org.uk) Mass times: Sunday: 09.30/11.15am; Mon-Wed, Fri: 9.30am at Sacred Heart or at Sons of Divine Providence Monday to Friday rosary 6.30pm, Mass 6.50pm; Divine Mercy Sunday devotions: Next Sunday @ SDP Chapel, 2.30pm-3.30pm (23 Lower Teddington Rd, Hampton Wick, KT1 4EU)		
Saturday	24 th Oct	Weekday in Ordinary Time; Saturday memorial BVM; St. Antony Claret, bishop	9.30-11.00am 6pm	Holy Hour and confessions Marie Blanc
Sunday	25 th Oct	30 th Sunday in ordinary time	09.30am 11.15am	Parishioners and benefactors Mary Kelleher
Monday	26 th Oct	30 th Weekday in Ordinary Time; Saints Chad and Cedd, Bishops and Missionaries	09.30am	Special intention
Tuesday	27 th Oct	Weekday in Ordinary Time	09.30am	Claudia Ballestrieri RIP
Wednesday	28 th Oct	Saints Simon & Jude, Apostles	09.30am	Colin McCue (get well)
Thursday	29 th Oct	The Blessed Martyrs of Douai College	No Mass	Claudia Ballestrieri RIP
Friday	30 th Oct	Weekday in Ordinary Time	09.30am	Tony and Joan O’Beirne RIP anniv
Saturday	31 st Oct	Weekday in Ordinary Time; Saturday memorial the Blessed Virgin Mary;	9.30-11.00am 6pm	Holy Hour and confessions Peace in families and in the world
Sunday	1 st Nov	All Saints	09.30am 11.15am	Holy Hour and confessions Holy Souls