

Sacred Heart Teddington

sacredhearteddington.org

Parish Newsletter

8TH NOVEMBER 2026 | 32ND SUNDAY IN ORDINARY TIME | REMEMBRANCE SUNDAY | PSALTER WEEK III

SCRIPTURE REFLECTION FOR SUNDAY

Wisdom is radiant and unfading, and she is discerned by those who love her and by those who seek her. […] she goes about seeking those worthy of her, and she graciously appears to them in their paths and meets them in every thought. (Wisdom 6:12-16) This is not human wisdom but God's Wisdom. It relates to the gospel of today and that we must seek God's wisdom – this is Jesus himself. We are called to like the wise virgins, ready to meet Jesus when he comes, preparing with a life in heaven through holiness that defeats sin and evil.

POPE LEO XIV PRAYER INTENTION FOR NOVEMBER – For the proper use of wealth. Let's pray for the proper use of wealth, that not succumbing to the temptation of selfishness, it may always be put at the service the common good and solidarity of those who have less.

THE SACRED HEART PARISH, TEDDINGTON AND HAMPTON WICK and THE SONS OF DIVINE PROVIDENCE NEWS

A WARM WELCOME TO THE SACRED HEART CHURCH: Come and enjoy our Masses and be part of our community. If you have any questions, feel free to speak to our Parishioners or myself after Mass. Join us for tea/coffee/chatting after weekend Masses.

NARTHEX OPENING TIMES FOR PRAYER – *WINTER OPENING TIMES:* Weekdays: Mon,Tues & Fri *8am–10am & 3pm-6pm*. Weds & weekend *8am-6pm*. These times are subject to change without notice. Apologies for inconvenience.

FIRST RECONCILIATION & FIRST HOLY COMMUNION 2027: Closing date Mon 7thDec 26. Please think about this Sacrament if your Child/ren are in the current Yr 3 class or above – start date Jan 2027 Date TBC. Please contact Pippa teddington@rcdow.org.uk

CONFIRMATION 2027: If your child/ren are in the current Yr 9 at Secondary School, please speak with them/friends about this third important Sacrament - start date Jan 2027 Date TBC. Please contact Pippa teddington@rcdow.org.uk

HIRE THE HALL: Please contact the office to check availability and pricing. Good for films, café setting, have a meal together, meetings …

SACRED HEART NURSERY/PRIMARY AND JUNIOR SCHOOL: Sacred Heart School is a wonderfully-unique, one-form entry Catholic Primary school in the heart of Teddington. We serve all the Catholic parishes in the area and also welcome families of other faiths and none. We would be delighted to show you around our school. We have 30 places in Reception and 26 places in our Nursery. There are a few vacancies in specific year groups if you have older children who require an in-year school place. School office tel:**020 8977 6591**

UP & COMING 2ND COLLECTIONS: This week: The Sons of Divine Providence World Missions

Sick and Retired Priests 15th November. Youth Service 22nd November. Missionary Orders Annual Appeal - The Spiritans 6th Dec.

SICK & RETIRED PRIESTS' FUND – NEXT WEEKEND The second collection next week will be for the sick and retired priests of our Diocese. Most priests offer their resignation at 75, but many continue to serve in our schools, hospitals, hospices and parishes. Caring for our brother priests in their senior years, or at a time of illness, is a part of the mission of our diocese. By supporting the Sick & Retired Priests' Fund, you can help cover essential costs and give them peace of mind that in the event of an emergency, their needs will be met. You will find a donation envelope at the back of the church today. Please take one home, and bring it back next weekend with your donation. You can make a one-off donation or you can set up a regular gift and become a Patron by completing section 4 on the envelope form. You can also donate online at rcdow.org.uk/SRP – or scan the QR code with a phone camera to give online. Please continue to pray for the wellbeing of all of our clergy: active, retired and ill. Thank you.

PARISH FINANCES: **Thank you for supporting The Sacred Heart September** S.O. £3,967.00; Contactless: £213.00; Building Fund £2294.00; Standing Order £915.00; Last Sunday plate collection £359.88 Pls consider a standing order for your weekly contribution?

PLEDGES We need more pledges for our building fund to help reduce the loan when repayments begin. Pledge and updated gift aid forms are available in the church or contact the parish office. Use BF + Surname & Initials as the reference - all building fund payments.

GIFT AID claim for the 2025/26 tax year raised £14,992.11 in total, of which £7,252.50 is Gift Aid received on building fund donations and allocated accordingly. Thank you to all of our gift aiders. If you are a taxpayer and do not already gift aid your donations, please consider it. Gift aid earns an extra 25% for parish. Standing order and gift aid forms are available at the back of the church. Tell your friends! Monthly standing orders are the easiest and most efficient way to support your parish financially. Thanks to all of you who Gift Aid to the parish or building fund – Gift Aid makes a difference. Ask Juste: teddingtonbk@rcdow.org.uk

REMEMBER THE SACRED HEART CHURCH TEDDINGTON BUILDING FUND AS A LEGACY IN YOUR WILL: For the Building Fund and on-going parish maintenance as a legacy in your will. Legacy gifts: **legacies@rcdow.org.uk**, Info: Laura Dudhee **020 7798 9159**

THE SONS OF DIVINE PROVIDENCE MASS TIMES No weekday Masses 4 -13 November. Normal Mass times at The Sacred Heart parish.

THE SONS OF DIVINE PROVIDENCE WORLD MISSIONS COLLECTION We are grateful for support for our India project this weekend.

POPE LEO is visiting The Little Cottolengo in Buenos Aires as part of his visit to South America. That is where the heart of Don Orione is.

DIVINE RENOVATION UPDATE From Maintenance to Mission … On Saturday 7 November I with a group of parishioners attended the Made For Mission event at St. Francis de Sales, Hampton Hill. It focussed on parish renewal through leadership. More news next week …

INGULGENCES FOR HOLY SOULS Between November 1st - 8th, visiting a cemetery and praying for the dead grants a daily Plenary Indulgence for the Holy Souls in Purgatory: Visiting a church on 2nd November and praying an Our Father and the Apostle's Creed also grants a Plenary Indulgence for the Holy Souls, when fulfilling the regular requirements: to be free of sin, confession, Holy Communion, Pray for the Pope's intention. An indulgence is the remission before God of the temporal punishment due to sins whose guilt has already been forgiven. **Don't forget** to pray for your loved ones and to remember they still pray for us as we pray for them.

POPE LEO: Pope at Angelus: May we never grow weary of fostering peace in all situations. In his Angelus message on the Solemnity of All Saints, Pope Leo XIV recalled the countless saints who have dedicated their life to Christ and emphasized how we are all called to be holy and make choices of love that transcend evil. He emphasized that the "the hope-filled message" of this feast is that "God sees the good that we do not see, knows stories that we do not know and reaches hearts to which we have no access." Pope Leo on **Vatican news**
NOVEMBER – MONTH OF HOLY SOULS: drawing close in prayer, our family, friends and loved ones who have gone before us. The Holy Souls sheets and envelopes are available in the large basket at the front of the Church; please write all the names you wish to be remembered. Place your offering inside the envelope and then place at the front of the Altar for remembrance in our daily Mass/prayers.
CHURCHES TOGETHER IN TEDDINGTON – PRAYER ROTA: 8th Nov Teddington Methodist Church Rev David Innes; **15th Nov** Sacred Heart Church Rev Stephen Beale; **22nd Nov** National Physical Laboratory Christian Fellowship Helen McEvoy
CARITAS WESTMINSTER – UPCOMING EVENTS: Over the next few weeks, Caritas Westminster will be hosting a number of events open to parishioners, volunteers and anyone interested in learning more about how we can support and welcome people in our communities.
"It Does Matter" – An Online Session with the Caritas Deaf Service **10 November 7.00–8.00pm** Online Inspired by RNID's (Royal National Institute for Deaf People) It Does Matter report, this session will explore the experiences of Deaf, Deafblind and hard of hearing people, the barriers they can face, and practical ways we can make our churches more welcoming, accessible and inclusive. **To register, sign up here - https://caritaswestminster.org.uk/event/it-does-matter-online-session-with-the-deaf-service/**
Beyond the Surface: Understanding Trauma 18 November 7.00–9.30pm Online An accessible and practical session (led by Nikki Dhillon Keane, Head of Caritas Hope and BACP-accredited therapist) exploring how trauma can affect people's experiences and behaviour, and how we can respond in ways that promote safety, dignity and trust. Particularly useful for those volunteering in foodbanks, homelessness projects and other community settings, this session is open to all. To register, sign up here- caritaswestminster.org.uk/event/beyond-the-surface-understanding-trauma/ **Caritas Advent Giving Calendar** Sr. Silvana notes: in previous years **Sacred Heart** has taken part in the Caritas Advent Giving Calendar. This enables parish communities to have an Advent focus on helping others, through collecting items (food, toiletries, cleaning products, festive treats) to donate to a local project. More details, registration here – Caritas Advent Giving Calendar: One day at a time - Caritas Westminster
ANTI-SLAVERY DAY: PREVENTION BEGINS IN COMMUNITIES Preventing slavery and human trafficking means building stronger, more resilient communities and supporting the frontline organisations working to protect people from exploitation. At Arise, we work alongside local partners to strengthen their capacity, sustainability and impact. Through mentoring, training and collaboration, we support frontline groups to respond to the needs of their communities and develop long-term solutions to human trafficking. Following Anti-Slavery Day, we invite you to learn more, share these stories and help bring greater attention to the work being done to protect people from exploitation. With gratitude, **The Arise team** Arise Foundation info@arise.foundation Go on-line re-**Nigeria slavery** topic.
CARITAS WESTMINSTER Wanted: a teenage and/or adult Caritas Ambassador Rep for Sacred Heart Church Teddington. The idea is to look around & discern what are the local groups in society needing help – then to drum up support… Interested? See Fr. Stephen ***Thanks to the parishioner showing interest. I will enquire if the bucket list items could be a part of this initiative in & around Teddington.***
TAMESIS YOGA My approach to teaching yoga is focused on physical exercise, breathing and mindful movement. I design classes to help people improve their strength, joint mobility and flexibility. People often experience co-benefits including reduced stress, connecting with community and improved focus. **My hope in bringing these classes to Sacred Heart** is simply to serve the local community with something I believe would bring real benefits to people's lives. **The classes I teach** draw on two of the most established physical styles within this tradition. **Hatha yoga** is a foundational, structurally focused practice: it emphasises posture, precise alignment and breath awareness to build muscular endurance and core stability. **Vinyasa** links sequential movements directly to the breath, creating a continuous, dynamic workout that builds cardiovascular fitness, agility and coordination. **In a typical class**, students begin by settling and bringing their attention to their breath for a few minutes. From there we move into gentle stretching before building into more dynamic sequences, where one movement connects naturally to the next. The class winds down with deeper stretching and a brief period of rest. Regular practice can bring tangible benefits: improved strength and fitness, greater mobility and ease of movement, and a genuinely positive effect on mental health and mood. **This is a hall booking made direct via the poster displayed on the main road.**

NEXT WEEKEND'S READINGS
8th November
(33rd Sunday in Ordinary Time, **Year A)**

Prov 31:10-13, 19-20, 30-31
1 Thess 5:1-6; Matt 25:14-30

PARISH INFORMATION **Fr Stephen Beale FDP, Parochial Administrator**
Parish administrator: Phillippa Chaney, in the office Mon and Fri, 9am-3pm
Parish website (including newsletter: https://sacredheartteddington.org/
Email: teddington@rcdow.org.uk, Telephone: 020 8977 2986
Bookkeeper: Juste: teddingtonbk@rcdow.org.uk In office: Tuesdays 10.30am-2.30pm
Safeguarding: Estella Weston (teddingtonsg@safeguardrcdow.org.uk)
Mass times: *Sunday: 09.30/11.15am; Mon-Wed, Fri: 9.30am at Sacred Heart or at Sons of Divine Providence Monday to Friday rosary 6.30pm, Mass 6.50pm;* ***Divine Mercy Sunday devotions: This Sunday*** *@ SDP Chapel, 2.30pm-3.30pm (23 Lower Teddington Rd, Hampton Wick, KT1 4EU)*

Next week's Mass Intentions

Saturday	7th Nov	St Willibrord, Bishop, Saturday memorial of the Blessed Virgin Mary	NO HOLY HOUR 6pm	NO HOLY HOUR Bob Campbell RIP anniv
Sunday	8th Nov	32nd Sunday in Ordinary Time	09.30am 11.15am	Parishioners and benefactors The War Dead
Monday	9th Nov	The Dedication of the Lateran Basilica	09.30am	Special intention
Tuesday	10th Nov	St Leo the Great, Pope, Doctor of the Church	09.30am	*Donor intention*
Wednesday	11th Nov	St Martin of Tours, Bishop	09.30am	Mary McQuaid RIP
Thursday	12th Nov	St Josaphat, Bishop, Martyr	No Mass	*Donor intention*
Friday	13th Nov	Weekday in Ordinary Time	09.30am	In thanksgiving
Saturday	14th Nov	Weekday in Ordinary Time	9.30am – 11.00 6pm	NO HOLY HOUR *Donor intention*
Sunday	15th Nov	33rd Sunday in Ordinary Time	09.30am 11.15am	Parishioners and benefactors Jeanne Franz birthday intention